|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | A black circle with white text and a person holding paddles  Description automatically generated | | | | | |  |  | | --- | --- | | |  | | --- | | **Welcome to the February Edition of**  **B3C Matters!** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | * Club Courses and Taster Sessions * Course Helpers Needed * Thames Trip from Putney to Tower Bridge, Sunday 3rd March * Hare & Hounds, Saturday 17th February * Lepe to Ashlett Creek Paddle, Sunday 14th January * And finally ......... Coaching sessions with Doug Cann | | | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | |  | |  |  |  | | --- | --- | | |  | | --- | | **Club Courses and Taster Sessions** | |  |  |  | | --- | --- | | |  | | --- | | A person in a red shirt pointing at kayaks  Description automatically generated | | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | We are pleased to announce our course schedule for 2024.    For anyone with no kayaking or canoeing experience, we are holding one-hour taster sessions on the following dates:   * Saturday 13th April at 10am * Saturday 18th May at 10am   For anyone with minimal kayaking skills we are holding two-day British Canoeing Discover (Kayak) courses on the following dates:   * Saturday 27th & Sunday 28th April at 9.30am * Saturday 22nd & Sunday 23rd June at 9.30am * Saturday 13th & Sunday 14th July at 9.30am   In addition to the weekend courses, we are holding a British Canoeing Discover (Kayak) course over a series of five Tuesday evenings on the following dates:   * Tuesday 30th April (6-8pm) * Tuesday 7th May (6-8pm) * Tuesday 14th May (6-8pm) * Tuesday 21st May (6-8pm) * Tuesday 28th May (6-8pm)   Please note that attendance at all sessions is necessary in order to gain your British Canoeing award.    If you are interested in attending any of the above courses, or know someone who is, please contact [b3c.courses@gmail.com](mailto:b3c.courses@gmail.com)    **BCCC Coaching Team** | | | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | |  | |  |  |  | | --- | --- | | |  | | --- | | **Course Helpers Needed** | |  |  | | --- | | Do you have a spare weekend to support the club? If so, we are looking for paddlers to help with with the BC Discover (Kayak) courses. Experience of leading or coaching is not required.    For anyone aspiring to become a paddlesport leader or coach, this is a good opportunity to gain some experience.    If you are interested, please contact [b3c.courses@gmail.com](mailto:b3c.courses@gmail.com)    **BCCC Coaching Team** | | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | |  | | | | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Thames Trip from Putney to Tower Bridge** | |  |  |  | | --- | --- | | |  | | --- | | A bridge over water with towers  Description automatically generated | |  |  | | --- | | On  Sunday 3rd March, there is a touring trip from Putney to Tower Bridge.  This is a round trip of 17 miles although there will be a lot of tidal assistance!    Paddlers must be experienced in moving tidal water and waves, spray deck competent, and deep water rescue competent. Ideally, paddlers should have been on a club sea trip within the past twelve months and be (or near) BC Explore level.    This is a peer paddle and therefore at your own risk.  The status of the trip may change if a club coach becomes available.    If you are interested in this trip or want to know more, please contact [me.](mailto:rick.covell@ntlworld.com?subject=Thames%20Trip%20Putney%20to%20Tower%20Bridge)    **Rick Covell** | | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | |  | | | | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Hare & Hounds** | |  |  |  | | --- | --- | | |  | | --- | | A person with a dog  Description automatically generated | |  |  | | --- | | This month’s H&H will be held on Saturday 17th February.    Choose your boat or SUP and decide on either the 2, 4 or 6 mile course. The start time for the 2 mile course is 0945.  If you haven’t done it before, please contact me at [b3c.racing@gmail](mailto:b3c.racing@gmail.com?subject=Hare%20%26%20Hounds) for more information or to agree a start time for the 4 and 6 mile courses.    **Tony Gallagher** | | |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | |  | |  |  |  | | --- | --- | | |  | | --- | | **Lepe to Ashlett Creek, Sunday 14th January** | |  |  |  | | --- | --- | | |  | | --- | | A couple of people kayaking in the water  Description automatically generated | |  |  | | --- | | It's that time of year when it's very hard to second guess the weather and make any distant paddling plans, but that doesn’t stop us making some very short distant plans. |  |  | | --- | | A look at the weather forecasts suggested that there was a nice stable window of F3 or less coming up in a few days time around the Solent area. When planning a trip, the next thing we want to know is what the tides are doing. In general, we like a midday high water or a midday low water, allowing us to paddle away and back to somewhere rather than having to set up a shuttle run. So, having discovered that we have an appropriate high water in the weather window, we then need to figure out what we can do in the time that we have available. | | | | |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  | | --- | | Lepe and along the coast to Calshot Spit and then around the corner to Ashlett Creek and return looked possible, about 5 miles each way with assistance from the tide in both directions providing we played it right.    One of the sources of information that proves invaluable is the Admiralty Tidal Streams Atlas which shows the tidal flows each hour in relation to a high water. You wouldn’t believe the different flows that can happen in the Solent at the same time, there are many examples where the water flows in one direction close to the shore and another direction further out and this changes as the tides flow and ebb! Flows at 6 hours before high water Portsmouth 4 hours after high water the situation has reversed. |  |  |  | | --- | --- | | |  | | --- | | A map of a river  Description automatically generated | |  |  |  | | --- | --- | | |  | | --- | | A map of a river  Description automatically generated | |  |  | | --- | | A careful examination of these charts led us to a launch time of 10:00 which was HW-3 hours paddling a little distance from the shore would take advantage of the tide up to Calshot and it would push us further up Southampton water and into Ashlett Creek.    At Ashlett creek a wait is required for the tide to turn so that we are assisted on the way back, an ideal opportunity for lunch. |  |  |  | | --- | --- | | |  | | --- | | A group of people in kayaks on a river  Description automatically generated | |  |  | | --- | | The weather played ball all day and we enjoyed a good day out on the water.    Thanks to Chris W for the spotting the window of opportunity and for planning. |  |  |  | | --- | --- | | |  | | --- | | A group of people on kayaks in the water  Description automatically generated | | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  | | --- | | If you want to join us in these ad-hoc peer paddles, you need to be spray deck and deep water rescue competent, have some experience of a few waves, and be able to dress for the occasion at this time of year. You also need to [let me know](mailto:rick.covell@ntlworld.com) so I can tell you when we're off.    **Rick Covell** |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  | | --- | --- | | |  | | --- | | **And finally .....Coaching sessions with Doug Cann** | |  |  |  | | --- | --- | | |  | | --- | | A group of people kayaking in a river  Description automatically generated | |  |  | | --- | | In the November newsletter we reported Doug's journey to becoming a coach. Doug is still working on his coaching portfolio and is available to provide free coaching sessions to club members on an individual or small group basis.    So, if you want to improve your paddling strokes or turns, or just need more help to paddle in a straight line, Doug is available to support you.    If you are interested, please contact Doug via Spond or [email.](mailto:douglas.cann@ntlworld.com?subject=Coaching%20Sessions) |  |  |  | | --- | --- | | |  | | --- | |  | |  |  | | --- | | Thank you to everyone who contributed to this month’s newsletter. The deadline for the March edition of B3C Matters is **Sunday 3rd March.**    If you want to see something different in the newsletter or have a story to tell, please send your ideas or articles to [b3c.matters@gmail.com](mailto:b3c.matters@gmail.com)    Happy Paddling.    **B3C Matters!** | | | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | |  | |  |  |  | | --- | --- | | |  | | --- | | A black circle with white text and a person holding paddles  Description automatically generated | |  |  | | --- | | Copyright 2024 Basingstoke Canal Canoe Club (BCCC). All rights reserved.    You are are receiving this newsletter because you are a member of BCCC or have asked to receive a copy.    If you wish to unsubscribe from this newsletter, please email the Club Secretary at [b3c.secretary@gmail.com](mailto:b3c.secretary@gmail.com?subject=Unsubscribe%20from%20B3C%20Matters&body=Please%20unsubscribe%20me%20from%20receiving%20B3C%20Matters.) | | | |