

# **BCCC HEALTH AND SAFETY POLICY**



## **SAFETY**

- The Club will endeavour to provide a safe and healthy environment in which to pursue the sport of canoeing and associated activities.
- Guidelines as recommended by the National Governing Body, The British Canoe Union, will be followed.
- Accidents and Incidents/Near Misses will be reported to the Committee and a BCU form completed. A First Aid box will be available in the Boat Store.
- All BCU qualified coaches are holders of First Aid Certificates.
- A Fire extinguisher will be provided and prominently displayed in the Boat Store.
- Codes of Conduct are to encourage sound and safe practice in the Club's activities and will be published on the Club website
- Equipment Status, Damage and Maintenance will be recorded in the Equipment Book located in the Boat store.
- Reports in the Equipment Book will be inspected by the designated member(s) and brought to the attention of the Committee at the first available meeting.
- Coaching & Tuition of beginner groups will be under the instruction of suitably qualified instructors as deemed by the Committee

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## **RISK ASSESSMENT**

- There will be a formal risk assessment of all club activities. which will be reviewed at least annually
- The findings of each assessment will be recorded. The Committee will adopt the safest methods for undertaking the activities.

## **GENERAL SAFETY RULES**

- All members are required to wear footwear when paddling.
- Buoyancy Aids should be worn by all paddlers. The only exception is during daylight hours when members engaged in flat water race training may dispense with buoyancy aids at the discretion of the coach in charge of the session. This is unlikely to be granted to Juniors racing in Division 7 or lower.
- When paddling at night members will have a rear facing red light showing at all times.
- A notice regarding the risk of Weils Disease will be posted in the Boat House. Members will be reminded of the need to wash or shower after paddling.

Showers and toilets are located in the BCA centre and the access code will be posted inside the Boat Store.

- Unaccompanied Juniors are not allowed inside the Boat store.
- Members are advised to use safe lifting methods when moving boats. They will be given basic training on how to carry boats as part of their beginners course

Revised 15/5/09

This information is intended for guidance only Basingstoke Canal Canoe Club will not accept any liability for material damage, loss, theft, personal injury or death sustained in conjunction during, or after any of it's activities. Persons participate entirely at their own risk.