

**Thursday 5<sup>th</sup> August Thames trip- St Patricks Stream**

8km/5miles. Suitable for canoes and kayaks. Not suitable for beginners.(the current will carry you into overhanging trees ). Thames licence or Canoe England membership required. Meet 0930 at Mytchett with picnic and paddling kit. Contact Liz for more details 01276 514766

**Weds 18<sup>th</sup> August Crazy Kids Kayak Kapers**

Wet fun and games. Suitable for beginners. 2-4pm at Mytchett. Contact Rosie Fox 01276 503746

**Thursday 19<sup>th</sup> August Thames trip Desborough Island loop**

8km/5miles. Suitable for canoes and kayaks. Optional play in weir at Shepperton, (But don't bring a playboat as you will struggle to paddle the rest of the trip!) Thames licence or Canoe England membership required. Meet 0930 at Mytchett with picnic and paddling kit. Contact Liz for more details 01276 514766

The following activities will continue as normal through the summer holidays

Monday evenings at 6.30pm 6k time trial

Tuesday evenings at 5.30pm Race training

Thursday evenings at 5.30pm Race training

Saturday mornings at 9.30am Race training/coaching

And members are of course free to plan their own paddling as they wish. If you want to borrow a Club boat please book it out having read the rules for use of Club equipment at

<http://www.b3c.org.uk/docs/Boat%20usage%20policy%204.09.pdf>