



Waterfront

Issue107

Sept06

Oi! Why not print me off to pass round the family?

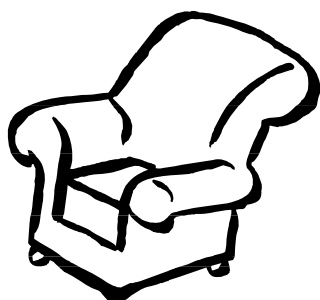
BCCC Annual General Meeting

This years AGM will be held on the 10th November at 8.00 p.m at Frimley Baptist Church, Balmoral Drive, Frimley, GU16 9AR

If you wish to submit a motion to the Annual General Meeting then this will need to be lodged with the Secretary by Friday the 29th September. Any motion put forward needs to be supported by at least two additional club members.(Please send to Jonathan Mudd, 94 Reading Road South, Fleet, Hampshire. GU52 7UA)

There will be the usual American Supper and we would be grateful if you could bring something along to support this. We look forward to seeing you all on this formal but social club occasion

Lee Matthews
Chairman



From the Chair...

The summer club season is finally over whether you enjoy paddling as pleasurable pastime, competitive sport or in a coaching capacity.

There are many opportunities to hone your skills throughout the cold season especially using our twice a month pool sessions, to take care of the fair weather paddler, while the marathon teams & whitewater groups continue thought-out the winter months braving wind and rain.

This club has moved on a lot in 3 years, yes that's

right 3 years since I took the helm. Now it's someone else's turn, if you wish to take up this challenge do not hesitate to do so you will find it very rewarding.

Thank you to all the members who attended the Club Mark presentation, it was a good turn out please see photos on our clubs web site.

We will hopefully have some news as to how the canal authority will manage the canal at our AGM which is scheduled for November 10th 2006. I hope to see as many of you attend this meeting.

I would like to say "Thank you" for every members support during my term as Chairman
See you on the water

Happy Paddling

Lee Matthews

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THE COMMITTEE

The new committee will be elected at the AGM on 10th November. The Chairman's seat is up for grabs, (it's a nice comfy one, see illustration) or you can stand on the committee and have your say at committee meetings. (Tea, coffee and cakes provided!)

Helen Reeves retires from international competition

The Olympic Slalom K1 (kayak single) Bronze medallist Helen Reeves has announced her retirement from international competition

The 25 year old has taken the decision to retire in order to pursue a career in a sports related business.

Helen who last competed for Great Britain at the Athens 2004 Olympics and dramatically won Bronze medal after thinking she was out of the medals in fourth place, has bravely overcome a reoccurring shoulder injury and 4 shoulder operations throughout her career.

Helen was 10 years old when she first started canoeing and paddled for Basingstoke Canal Canoe Club.

Achievements

2004 - Athens Olympic Games - BRONZE Medal

2004 - World Cup 2 La Seu d'Urgell Spain - 1st Place

2004 - UK Championships - 2nd Place

2004 - World Cup Final, Bourg St Maurice, France - 5th Place

2004 - Overall World Cup Ranking - 8th

(Note: was only allowed to race 4 of 6 races)

2003 - World Championships Augsburg, Germany –15th and Bronze Medal in Ladies Team

2002 - World Championships Bourg St Maurice, France-
8th and Bronze in Ladies Team

1996 - Junior World Championships Lipno, Czech Republic, Gold Medal

1993 BCCC Jarman trophy for best performance by a ranked slalom paddler.

Club Kit

Christmas and the colder weather is coming. I'll be ordering some more club kit for those winter months. Choose from Sweatshirts £13 adults/ £10 Kids, Hoodies £16 adults/£13 kids and Fleeeces £19 adults /£14 kids. All embroidered with the club logo. I've also got a Ronhill vest, size 34" cost £15 Contact the Editor to order liz.murnaghan@ntlworld.com (Or bring your chequebook to the AGM!)

Club fridge magnets have been suggested, anyone interested?

Paddlepower needs your help!

Paddlepower is a scheme that has been running at the club for the past 4 years. It provides a framework for introducing youngsters to paddlesport and progressing them through it. Much of the scheme is focused on Tuesday evenings during the Spring and Summer. Are you good at organising? Do you want to help the club and its youngsters? Paul Jeffs needs someone to help do the planning and organisation for Paddlepower next year. You don't even need to be a paddler, you could be just a keen parent. Interested? Call Paul on 01252-615412.

FORTHCOMING EVENTS

Boxing Day Paddle

Don't forget that venerable Christmas institution the Boxing Day paddle. Start planning your costumes now for a fancy dress paddle along the canal. The Biffin family have raised the stakes in recent years with an illuminated Christmas tree in their boat, can you top that? Meet at Crookham Wharf car park at 10.30 ish for a short paddle and maybe some mulled wine and mince pies. You can follow up with the Mummers Play outside the pub at noon.

New Year!

Anne and Brian Biffin would like to welcome all club members to join them on the 31st December to see in the New Year at their home. It's a Faith Supper (American Supper). More details to follow.

TRIPS AND TOURS**The French Trip**

Summer Holiday – Debbie Carpenter; Colin, Lynn and Allan Cox; Charles and Katie Hicks, Tony and Glenna Miller; Val Sanford; Mike and Mary Simpson; Merry, Bev, Hazel and Rowan Williams.

This year, we went to the River Creuse, camping at Le Blanc, in the Parc National de la Brenne. A nice campsite, right by the river, - and our pitches were lined up along the river bank. Very pleasant, except for the wasps' nest in the ground just outside the Williams awning. The "Guardien" of the campsite was extremely helpful, and delivered the bread to our tents each morning. He was intrigued by this group of crazy English canoeists who stayed for a whole fortnight, when most of his clients only stay a day or two. Apparently the region isn't exciting enough for a longer stay for most people! We were interviewed by the local press, and had our photo taken for the paper.

The river was, like most rivers this year, short of water, and our trips were a bit bump and scrape. The Creuse is not a white water river, though some of the barrages gave us a few interesting moments. Unfortunately the splendid slalom course at Tournon was closed, due to lack of water, which wiped out one of the reasons we had gone to that river! The River Anglin is even prettier, though not any deeper. Then Tony found the River Gartempe, with a section called "The Gates of Hell". This had to be explored, and a small party of Merry and Hazel Williams, Allan Cox, Charles Hicks and Mike Simpson set off down this very scenic gorge. We had all walked along the side of the river to do an inspection of the "Gates" themselves, so they knew what they were in for. The shortage of water made the raging torrent a bit tamer than usual, and they had to pick their way down, but pronounced the trip the best one of the holiday. The Gartempe would be worth another visit, to explore other sections too.

Of course, canoeing was only a part of our activities. We went cycling round the "thousand lakes" of the Brenne, - these are really ponds of varying sizes, set on a high plateau. And there are supposed to be 2,230 of them – but we didn't count. Most of them are bird sanctuaries or fisheries, and the region is very popular with walkers and cyclists. And fairly flat, of course, which appealed to us. There were little towns and villages, and a visitor centre or two, but we were amazed at how few tourists there were, at the height of the holiday season. (Except for the day when up to ten thousand cyclists were spread out doing that part of the region, in a "Cycling Week". We thought we had joined a sort of "Tour de France" event, and opted to do something else that day.

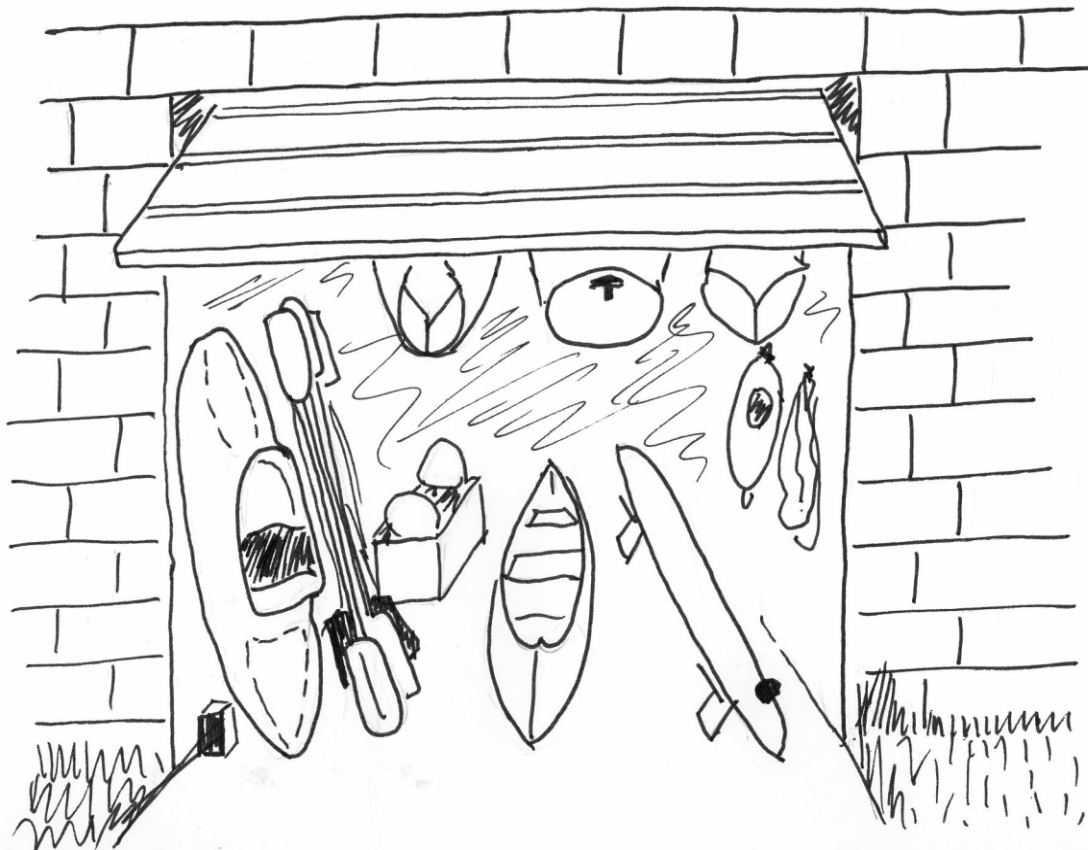
Opposite the campsite was Fred's, a warehouse which sold just about everything, and some of us bought plastic tablecloths, tent pegs, batteries, towels, shorts, - whatever. But they also sold somewhat dodgy items, so when someone said they were popping over to Fred's, we were suspicious!

There were visits to several chateaux and gardens, and the historic Roman town at Argenton. One of the prettiest villages higher up the Creuse was Gargillesse, where the writer Georges Sand once had a house. Then there was Chauvigny, a mediaeval hill-top town, with museums, chateau, cafes..... and one of the highlights of the holiday, a flying display at the chateau by birds of prey. Swooping very close to our heads, eagles, vultures, kookaburras, parrots, storks, - wonderful, rounded off by an aerial ballet by white storks flying out over the valley. Goodness knows how they train them. We also cycled round a wildlife park, among wolves, lions, tigers, giraffes etc Well, they were behind fences, but quite close!. Merry had this idea we should go caving – he found an outdoor centre which offered tours, and booked a trip for eight people. It's worth mentioning who they were, as they deserve admiration – Merry, Bev, Hazel and Rowan Williams, Debbie Carpenter, Allan Cox, Charles Hicks, Tony Miller. Caving turned out to be potholing, abseiling, crawling through tunnels too narrow for the less slender, total darkness, disorientation, sheer terror, claustrophobia, exhilaration, pride, disbelief, and the awful feeling of "what if something happens to our leader". All went well, though, and when they arrived back at the campsite (about an hour late – the rest of the party were just a tad worried!) they were full of it, and quite elated.

So you see, these holidays are fairly varied, really. Evening barbecues by the river, nice meals out, lots of wine. Talking of barbecues, don't mention rabbit to Hazel!

Come with us next time?

Charles & Katie Hicks



"Why can't you collect stamps instead of boats?" SAM

CHRISTMAS GIFT GUIDE

Seems a bit early I know, but by the time the next Waterfront comes out it will be too late!

	Pocket money or stocking fillers	Bit more expensive	Lots more expensive	"Darling, can we afford this?"
Intro to White Water	Whistle & Bivvi Bag	Long sleeve thermals	Wetsuit	Second hand playboat
WW Coach	Cable ties, plastic rings off beer cans and a disposable lighter	Dry bags, Carabiners & long sleeve thermals	Split paddles	New creek boat
Novice racer	Bobble hat & drinks bottle	Long sleeve thermals	Wings	Second hand racing boat
Hard core racer	Another bobble hat & more drinks bottles	Paddle bag & Long sleeve thermals	Mark Gees seat	New carbon/Kevlar racing boat
Support crew!	New road atlas & pocket hand warmers	Large Thermos flask & long sleeve thermals	New Winter Coat	New estate car

COACHING

Our coaches have again been busy with training occurring most Thursdays and Saturdays through the year. Particular thanks to Lisa, Keith, Brian and Jon for contributing a lot of their time to the club to support this. Due to the dwindling light the formal training is now winding down but this is the ideal time to start building up some paddling experience on local, and other, rivers before moving on to your next award.

We have had a number of requests for training from parents who can only make Tuesday evenings. This is generally a very tricky evening to provide additional coaching but Chris Belton has offered to run an adult 1 star. If you would like to take advantage of this when the next Paddlepower season kicks off in April please let me know. It will be a bit experimental but hopefully we can make it work;-)

Merry

avme79@dsl.pipex.com

Star tests

Congratulations to all the following who have passed their Star Test Awards

Placid Water 1 Star

Peter Murnaghan, Sarah Murnaghan.

Cadet Leader Scheme

This year the club introduced the Cadet Leader Scheme. Its aimed at those aged between 13-16 years old, who are interested in helping out and learning to coach. The scheme is modular and the cadets work towards each section at their own pace. I also run sessions to help cover sections and provide information.

So far I have had 15 young people take up this new challenge and it seems to be a success.

If anyone aged between 13-16 years old wishes to join next year then please contact me for information and when we will be getting started again in April.

Lisa Wardle

07798 562562/01252 511813

l.wardle@virgin.net

BCU Level 1 Slalom Coach course

When 15th October 2006 first day 2nd day split as 2 evenings

Why To introduce both paddlers and non-paddlers to the basic skills of canoe slalom. It is designed to attract competitors and non-canoeists (e.g. parents) and aimed at those who wish to introduce or encourage paddlers at the lower levels of slalom competition.

Who Minimum age to attend the course is 16.
It is beneficial to have a first aid award

Course content will include basic key slalom skills with a minimum of three practical sessions to reinforce theory

Cost £40.00 Cheques payable to Southampton Institute (Coaches do not pre register for this course). This fee includes the BCU registration fee.

Please contact James Hinvies to book places:

Canoe England
Sport and Recreation
East Park Terrace
Southampton
SO14 0TY

Tel Office 023 8031 9815

Mob 07834 583 369

Email james.hinvies@bcu.org.uk

POOL & POLO

To use the pool more I am thinking of structuring a course in kayak rolling for all age groups and abilities. Whether I do it at the pool session or book a separate evening depends on the interest that I receive from the membership. Personally a separate evening would be more ideal as persons involved would be more focussed on the activity. Please contact me if you want to take part in a rolling course.

Our polo is building slowly as with the equipment, but for those that want a competitive edge to this discipline the Blackwater Canoe Club based at Aldershot Lido on a Wednesday evenings is building a team which involves training at a higher level. Blackwater is a club affiliated to our club so members can attend these sessions to gain further training.

Keith Ambrose e-mail: Keith.ambrose@ntlworld.com
Pool-polo co-ordinator

YOUTH

Now Tuesday evenings are dark

Don't forget there are still lots of things going on including the Paddlesport Challenge, pool sessions and racing introductory training (10.30 for 11am Saturday mornings until the end of October)(ask Brian Gandy), racing training on Saturdays throughout the Autumn/Winter, the monthly Hare & Hounds, as well as an inter-club slalom training/competition (ask Merry). All these welcome newcomers. We still have several local slalom and marathon events to go at weekends. Additionally I hope to be organising a couple of logbook review sessions for Paddlepower 2, hopefully on Tuesday evenings during September/October, to help you get your logbooks up to date and claim some awards. If you want to know more - just ask!

See you on/under/in the water! Paul

Youthfest

The club sent 9 members(Sarah, Craig, Annadel, Mike RC, Steve, Sam, Harry, Mike T and Ryan) to compete in the BCU Youthfest competition held this year at Dorney Lake. Dorney lake is part of the Eton Schools Rowing facilities and in 2012 will host the Olympic disciplines of rowing and sprint paddling.(The slalom paddlers get a concrete ditch in Essex) In addition to the National Bellboat competition there was the opportunity to try out lots of different disciplines with some top coaches.

Lara Tipper, BCU Long Term Athlete Development Officer and former GB slalom team member was running the slalom event. Craig and Annadel got to try a new style slalom C2 and use some ridiculously light carbon fibre blades. Guess what the answer to "Mum can we have some of these?" was. Harry raced a Wavehopper over 500m to get a Sprint Time Trial Award. Andy Goodsell (WWR team) was running a canoe ergo challenge which lots of us had a go at. BCCC's very own Lee and Keith were running the "Hoop of Doom" a polo themed challenge. They had their own challenge of trying to pitch their gazebo on a sloped surface in a very strong wind. This was achieved by tying the guys to the sodden straw bales at the waters edge and the drainage gutters on the other side. Much fun was had watching the less well pitched gazebos make a break for freedom in the strong winds. Steve and Mike's favourite event was the freestyle session.

After a large picnic it was time for us the race the bellboats. We were entered in the U16 category because of our oldest member was Harry, Sarah qualified as U10 and Ryan a U9, however we were up against teams of all U16 paddlers. The helm was an adult and as team organiser (and daft enough to bring some kit) I got volunteered, though Tracy or Elaine could have done the job, they had just as much Bellboat experience as me (ie None whatsoever!). We had a nice red boat for our first race and came in 3rd with a time of 1'15". The second U16 event was then followed by our next race and we were allocated a different boat which we again paddled to 3rd place in a time of 1'15". After a break for food and drink and looking at results we discovered that we had qualified for the minor final. Paddling up to the start and there was a party atmosphere in the boat. We came 3rd again. Some team members jumped out near the pontoon, but to my relief they didn't chuck the helm in. We might not have impressed in the Bellboat races, but we made our presence felt in the August 2006 issue of Canoe Focus. Photos of Ryan getting a medal from BCU head Paul Owen for winning his class in the Ergo challenge, Sarah in a Lightning K1 and Craig & Annadel in that C2! Well done team.

Liz

Paddlesport Challenge.

AN INVITATION - JOIN THIS YEAR'S PADDLESPORE CHALLENGE TEAMS now

BCCC takes part in the BCU's Southern Region Paddlesport Challenge, a really good mix of both fun and competition, with events held typically from September through to May. Events cater for a wide age and skill range and vary from marathon through slalom to polo. The club has had two or three teams in previous years. We warmly welcome new participants. A small (£2.50) charge is made for each event. Open to juniors only - under 16 as of the 1st September 2006. (older youngsters can participate but they can't score points)

Diary dates for this coming season's Paddlesport Challenge...

16th September – Safety / Rescue Races Event – Venue, Pangbourne

30th September – Bell Boat Challenge and Open Canoe Racing – Venue, Banbury

4th November – Slalom event (All day, time slots) – Venue, Reading Host Warren.

2nd December – Generation Game – Venue Pangbourne. Host Sea scouts

Canoe Polo - 13th, 20th and 27th Jan Evenings – Willink Pool. Host BCCC

24th February – Orienteering - Pangbourne

March potentially 24th K4 – Reading (possibly Sprints as well)

April 21/22 or 28/29 (tbc) - NENE – Coaching and whitewater/ freestyle event/Race (tbc)

May (tbc) Canoe Sailing, BBQ and Presentation Black Swan - (tbc help from Reading/Pangbourne)

Interested? Let me know if you'd like to take part this year as soon as possible.

Paul Jeffs pjeffs@ntlworld.com

BCCC Regatta Results**5th Sept**

Name		Slalom	5th Sept		Sprint
		Time	Penalties	Total	
Michael	Truesdale	00:01:33	22	00:01:55	00:01:10
Ryan	Truesdale	00:02:03	22	00:02:25	00:01:28
Charlie	Winnan	00:01:53	0	00:01:53	00:01:20
Matthew	Larcombe	00:02:20	28	00:02:48	
James	Taylor	00:01:54	2	00:01:56	00:01:56
Michael	Jeffs	00:01:39	2	00:01:41	00:01:21
Sonja	Roper	00:01:37	0	00:01:37	00:01:23
Charlotte	Spratt	00:01:37	0	00:01:37	00:01:24
Aidan	Bell	00:01:15	4	00:01:19	
Annadel	Horner	00:01:25	0	00:01:25	
Alex	Thomas	00:02:01	46	00:02:47	00:01:24
Sarah	Murnagha n	00:02:23	4	00:02:27	00:01:37
Emily	Branch	00:02:12	68	00:03:20	00:01:53
Jordan	Bulldock	00:01:55	0	00:01:55	00:01:49
Jonatha n	Oliver	00:01:52	8	00:02:00	00:01:22
Chris	Branch	00:01:55	0	00:01:55	00:01:34
Rowan	Williams	00:01:23	2	00:01:25	00:01:22
Michelle	Parkinson	00:01:54	40	00:02:36	00:01:35
Nicholas	Boreham	00:02:04	22	00:02:26	00:01:39
Jason	Dyer	00:01:45	22	00:02:07	00:01:17
Daniel	Thackeray				00:01:40
Nicholas	Leonard				00:01:44
Fraser	Spratt				00:01:35
Alice	Winnan				00:01:34
Greg	Leonard				00:01:52
Craig	Horner				00:01:14

Slalom Update

The Tuesday evening slalom sessions have been well attended and will continue until the clocks change, or interest expires

The Langham farm Slalom in June saw Rowan Williams, Paul and Andrew Jeffs gain promotion to div 3, and Hazel become our first div 2 paddler in many years. At the Shepperton Slalom in July Aidan Bell gained promotion to div3 on his very first event, an excellent result.

Hazel and Rowan enjoyed an excellent slalom training session up in Nottingham at the end of August, there should be more details somewhere in this newsletter. Unfortunately the event was oversubscribed and some good candidates from our club were unable to attend. If there is sufficient enthusiasm left we might be able to create a DIY version of this training up at HPP.

Let me know.

There were some superb displays of paddling skill at our end of season regatta and I hope that we will be seeing some new faces both at training and local competitions. Many thanks to Mike Simpson for designing such an ingenious (fiendish?) course and introducing the excellent scoring system for immediate feedback.

Coming up we have 2 good local slaloms, the one at Shepperton on 23-24th September being about as near as they get. This is absolutely ideal for your first event and quite suitable for anyone at 1 star level or above, no slalom specific training required. More information on events is available at <http://www.canoeslalom.co.uk/> . There is also a L1 slalom coach course coming up, starting October 15th. More support from parents would be very much appreciated, and taking part in this would be a great boost. There are no pre-requisites, no slalom experience is assumed!

There are also plans afoot to arrange some local interclub slalom events. These should be taking place at Mytchett, Winchester and Reading. I will provide more details as I get them, but if you are prepared to help out with this then please contact me.

Merry

avme79@dsl.pipex.com

Junior Slalom Training at Holme Pierrepont 28-29 August 2006

Sunday saw the semi-finals and finals of the European U23 and Junior Championships. HPP was on a full 25 cumecs and the course looked very impressive. The Czech, Slovak and French teams dominated the paddling, with the Germans receiving the most enthusiastic support. The standard of paddling was truly awesome. The C1s ferry gliding across 'The Office' wave, bows flying over the eddy line, were really spectacular.

Monday and Tuesday Rowan and Hazel, and more than a dozen other young paddlers, were split into groups and assigned to some of the top slalom athletes. Rowan and Hazel spent the morning with Alan Edge honing their break-ins, break-outs and ferry glides at the bottom of the course. Despite my assurances to Rowan that they would not be on the massive waters of the slalom course they enjoyed an afternoon with Fiona Pennie, K1W Silver Medal winner at the World Championships in Prague, working the top half of the course. Hazel finished the day elated after a descent of the complete course behind Fiona. On the Tuesday the challenge increased significantly, Hazel now working with Louise Donnington, Silver Medallist in Saturday's U23 team event. Both of them 'enjoyed' a few swims, pushed themselves hard and finished off with exhilarating runs down the whole course on 20 cumecs.

Merry

MARATHON

Marathon Report

The 2005/6 season ended with races at Wokingham (Thames Valley Park) and Southampton. At the Thames Valley race there were some notable performances from Paul & Andrew Jeffs winning Div 9K2, Charles Hicks and Tracy Rees Clark were close behind in 3rd place and all gained promotion to Div8. Naomi Smith gained promotion from Div 9 to Div 7. Woodmill was an assessment race this year. This meant the lower divisions raced much earlier before the tide turned and the higher divisions had a long rough portage over concrete, grass, stinging nettles, brambles and sticks to reach a floating pontoon (when the tide was in). Mike Lambert came 2nd in Div 5 to gain promotion to Div 4 and Ian Ochiltree in his first race came 2nd in Div 9 and is promoted to Div8. Despite these great performances we didn't score enough points to qualify us for the Hasler Finals this year. However it is good to see so many new faces racing for the club .

The 2006/7 season has already started with a race at Henley. Good performances from Jon Mudd (7th) and Paul Christmas (11th) in Div9K1 from a field of 38 starters. Isobel and Naomi Smith were 3rd in Div7/8K2. The next Hasler races are

- 8th Oct Pangbourne
- 15th Oct Windsor
- 22 Oct Marlow
- 29th Oct Banbury.

More racers always welcome, contact Charles Hicks on 01252 850657

Hare and Hounds results

Jun06

Mike Lambert	52'15"	10pts
Ruth Smith	1hr09'16"	9
Alan Coleman	1hr05'20"	8
Howard Smith	1hr05'43"	7
Liz Murnaghan	59'15"	6
Richard Somerset	55'32"	5
Pete Absolom	DNF	
N & I Smith	DNF	
4 miles		
Jon Mudd	DNF	
David & Annadel Horner(C2)	DNF	
James Matthews	DNF	
Neil Matthews	DNF	

All these were due to aggressive swans and subsequent rescues.

July06

Naomi Smith	1hr00'28"	10pts
Isobel Smith	1hr00'20"	9
Paul Christmas	1hr06'48"	8
Charles Hicks	1hr04'18"	7
Pete Absolom	58'57"	6
Neil Matthews	1hr07'38"	5
Michael Lambert	52'22"	4

Ruth Smith	1hr09'58"	3
Howard Smith	1hr06'08"	2
Tim Truesdale	1hr07'15"	1
Richard Somerset	53'39"	1
J Johns & S Frances	1hr10'29"	1
2 miles	Time Trial Award	
Sam George	18'12"	Silver
Hannah Bird	20'16"	Bronze

Aug06

Isobel & Naomi Smith	55'25"	10points
Paul Jeffs	1hr05'20"	9
Ruth Smith	1hr05'31"	8
Ian Ochiltree	1hr03'04"	7
Howard Smith	1hr04'33"	6
Paul Christmas	1hr03'38"	5
Charles Hicks	1hr06'22"	4
Richard Somerset	54'21"	3
Alan Coleman	1hr06'27"	2
Paul Hale	1hr00'12"	7
Mike Lambert	53'24"	1
Liz Murnaghan	1hr01'17"	1
Brian Gandy & Lis Coleman	1hr02'41"	1
Pete Absolom	DNF	
4 miles		
Jon Mudd	45'54"	

Hare and Hounds results are now online, you can check the latest scores and series points at <http://homepage.ntlworld.com/richard.somerset/results.html>

Hare and Hounds 2005/6 summary

Best Times				Points	
Michael Lambert	52'15"	Jun06	Fastest Junior	Michael Lambert	50
Richard Somerset	53'39"	July06	Fastest Vet	Howard Smith	44
Chris Absolom	57'45"	Jan06		Richard Somerset	42
Liz Murnaghan	58'05"	Sept05	Fastest Lady	Tracy Rees-Clark	42
Pete Absolom	58'42"	Sept05		Alan Coleman	38
Isobel Smith	1hr00'20"	July06	Fastest Junior Lady	Naomi Smith	26
Naomi Smith	1hr00'28"	July06		Liz Murnaghan	26
Ian Ochiltree	1hr03'04"	Aug06		Charles Hicks	25
Paul Christmas	1hr03'38"	Aug06		Paul Jeffs	22
Brian Gandy	1hr04'15"	Apr06 F	Fastest Grandad	Pete Absolom	21
Charles Hicks	1hr04'18"	July06		Ruth Smith	20
Howard Smith	1hr04'33"	Aug06		Isobel Smith	19
Tracy Rees-Clark	1hr04'40	May06		Paul Christmas	13
Ruth Smith	1hr05'31	Aug06		Lis Coleman	11
Paul Jeffs	1hr05'20"	Aug06		Brian Gandy	9
Alan Coleman	1hr05'20"	June06		Chris Absolom	7
Tim Truesdale	1hr07'15"	July06		Ian Ochiltree	7
Neil Matthews	1hr07'38"	July06		John Fawkner-Corbett	7
Lis Coleman	1hr10'33"	Sept05		Neil Matthews	5
John Fawkner-Corbett	1hr27'25"	Oct05		Tim Truesdale	1
Tyson Simons & MLambert	55'12"	Jan06	Fastest K2	Paul & Andrew Jeffs	41
Isobel & Naomi Smith	55'25"	Aug06		Isobel & Naomi Smith	39
M Lambert & R Somerset	56'50	Dec05		T Rees-Clark & P Batchelor	10
T Rees-Clark & P Batchelor	59'10"	Oct05		Pete & Chris Absolom (TC2)	10
B Gandy & L Coleman	1hr02'41"	Aug06		Tyson Simons & MLambert	6
Paul & Andrew Jeffs	1hr03'40	Apr06		M Lambert & R Somerset	5
J Johns & S Frances	1hr10'29"	July06		Brian & Anne Biffin (TC2)	5
Pete & Chris Absolom (TC2)	1hr12'30	Dec05	Fastest TC2	B Gandy & L Coleman	1
Brian & Anne Biffin (TC2)	1hr29'50"	Sept05		J Johns & S Frances	1

Poole Harbour Circuit Race

As a consolation prize for not making it to the Hasler Finals a group of us desperate for our racing fix went to Poole Harbour for their annual circuit race. The weather was gloriously warm and sunny and the harbour looked like a millpond, but as you know, looks can be deceptive! There are classes for any type of boat. Sea kayaks and racing skis along with K1s and K2s can compete over 8 or 15 miles. Anything can compete over the 4 mile inshore route. We saw outrigger canoes, slalom boats, Wavehoppers and a Canadian done up like a pirate ship on the water. Starts were "Le Mans" style from the beach, grab your boat and run into the water and climb in. (Something we never practice on the canal). Run too far and it was too deep to get in easily, not far enough and you wreck your rudder on the beach. The slower boats went off first so you had to pick your way round them too. On the water you realise that all is not as calm as it looks, add in a couple of speed boats and it starts to get choppy, plus some wind on the beam and wey-hey waves, lots of them, some big enough to sink the bows (Oooo-errrr). Lots of safety boats were out to rescue people if needed. Despite talk of a team entry for the Neptune award before the race, we all stayed upright. Isobel & Naomi won Div 7/8 K2, Howard and Debbie were 2nd in Div 9K2 and I came 4th in 8K1. Whilst waiting for the results we planned how to customise a TC2 for next year. This is a race to recommend to anyone who wants to try racing but not necessarily in a marathon boat.

Liz

Holiday Let

3 bedroom (1 double, 1 twin, 1 single + lots of floor space) terraced house in Swansea. A short car or bus ride from the glorious Gower peninsula. Great for surfing, sea kayaking, climbing or cycling. Close to the city centre. Good food shopping and restaurants 5 minutes walk from the house. Sandy beach and beautiful parks near by. Theatres, cinemas, museums, swimming pool and lots more.

£100 per week/ £30 per weekend.

Contact The Biffins on 01252 616692/e-mail brian.biffin@gmail.com

Editors bit

There has been a competition bias to this newsletter. It is good to read about all the juniors trying new forms of competition at Youthfest and improvements in the slalom and marathon squad. More people have taken up the challenge of Hare and Hounds too with positive benefits to our marathon squad. Come and have a go!

Copy date for the next issue is 16th December Email articles to me at

liz.murnaghan@ntlworld.com

Following a recommendation from the BCU we must draw your attention to the following statement: “Canoeing and Kayaking are “Assumed risk”- ”Water contact sports””

In addition to the events listed on the calendar, don't forget the following “regular” sessions:-

Tuesdays 9.30am Mytchett Introduction to Placid Water (term time only) Contact Liz Murnaghan 01276 514766

Tuesdays 7.15pm Mytchett For Marathon training, Contact Charles Hicks 01252 850657

Thursdays 9.30am Marathon training Contact Charles Hicks 01252 850657

Saturday Mornings at Mytchett Flat water coaching Contact Brian Gandy 01252 622630 and general paddling contact Jon Mudd 01252 629800

Saturday 11am Beginners and Improvers to racing ,(until end of Oct) Contact Brian Gandy 01252 622630

Most Saturdays Trip to local weirs or Nene Whitewater Centre Contact Dave Bevan 01276 502524 or Keith Ambrose 01252 523579

Items suitable for younger paddlers are marked with a *

Further information on some events may be found at www.b3c.org.uk

A few dates for the calendar.

Sep06		
23/24 th	*	Shepperton slalom Contact Merry Williams avme79@dsl.pipex.com
24 th	*	Pool session Contact Keith Ambrose Keith.ambrose@ntlworld.com
30 th	*	Paddlesport Challenge ,Banbury Contact Paul Jeffs 01252 615412
Oct06		
1 st	*	Elmbridge Marathon (not Southern Region Hasler) Contact Howard Smith
7 th	*	Reading K4Contact Charles Hicks 01252 850657
8 th	*	Pangbourne Marathon Charles Hicks 01252 850657
8 th	*	Pool session Contact Keith Ambrose Keith.ambrose@ntlworld.com
14/15 th		River Barle Trip Contact Mike Carpenter
15 th	*	Windsor marathon Contact Charles Hicks 01252 850657
21 st	*	Hare and Hounds Contact Richard Somerset 01252 683584
22 nd	*	Pool session Contact Keith Ambrose Keith.ambrose@ntlworld.com
22 nd	*	Marlow Marathon Contact Charles Hicks 01252 850657
29 th	*	Banbury Marathon Contact Charles Hicks 01252 850657
Nov06		
4 th	*	Paddlesport Challenge ,Reading Contact Paul Jeffs 01252 615412
10 th	*	AGM at FRIMLEY BAPTIST CHURCH See front page for details
12 th	*	Pool session Contact Keith Ambrose Keith.ambrose@ntlworld.com
18 th	*	Hare and Hounds Contact Richard Somerset 01252 683584
19 th		Exe Descent contact Richard Somerset 01252 683584
25/6 th		Tamar trip Contact Brian Biffin 01252 616692
26 th	*	Pool session Contact Keith Ambrose Keith.ambrose@ntlworld.com
Dec06		
2/3 rd		Dart Trip Contact Merry Williams avme79@dsl.pipex.com
2 nd	*	Paddlesport Challenge ,Pangbourne Contact Paul Jeffs 01252 615412
10 th	*	Pool session Contact Keith Ambrose Keith.ambrose@ntlworld.com
16 th	*	Hare and Hounds Contact Richard Somerset 01252 683584
16 th	*	Copy Date for Dec issue of Waterfront liz.murnaghan@ntlworld.com
25 th	*	Christmas day
26 th	*	Boxing Day paddle at Church Crookham See inside for details.