



# Waterfront

Issue109

Mar07

*Oi! Tell the family don't just keep me to your self*



## From the Chair...

From the Chair,  
Happy New Year Everyone. I'm sure that by now most of you will have broken any New Years Resolutions that you have made. With the start of the new paddling season upon us maybe it is time to make some more? In a positive vein,

how about "I'm going to do more paddling this year? Or "I'm going to get some coach training" or "I'm going to improve my Hare and Hounds time"

Preparations are well underway for the start of the new season. We have been successful in some grant applications. We have two Hody junior K2s arriving in the spring together with an Ergo paddling machine. The BCU Southern region was also successful in its application for 8 Junior slalom boats. They need a home to go to and BCCC will become their custodians. Together with the 2 Dagger Dynamos paid for by the tuck shop, a second hand K4 and hopefully a new Canadian Canoe there will be lots to tempt you back on the water when it warms up. Thanks must go to the club members whose hard work made these boats possible.

Congratulations must also go to all the paddlers who have been competing during the winter months. BCCC Penguins were the winners (on goal difference) at the Southern Region Paddlesport Polo competition with the Eskimos coming 4<sup>th</sup>. We have had some good performances at the Southern Region Slalom Mini Series. Slalom Technique DVDs were the prizes, and these resources are to be freely shared around the Club. Contact Merry if you would like to borrow one. On the marathon side we have also had representatives at the Wey Hare and Hounds, Waterside and Thameside races.

Paul Jeffs has decided that because of work and family commitments he is going to step down from running the Paddlepower sessions. I'd like to take this opportunity to thank him and Alison for all the hard work they have put in to make Paddlepower such a success within the Club. It does mean that we are now looking for volunteers to take on this role. You don't need to be a coach or even a paddler to do this. If you feel you can help please let me know.

See you on the water soon.  
Liz

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## THE COMMITTEE

### Madame Chairman

Liz Murnaghan

### Secretary

Jon Mudd

### Treasurer

Dave Horner

### Committee Members

Brian Biffin

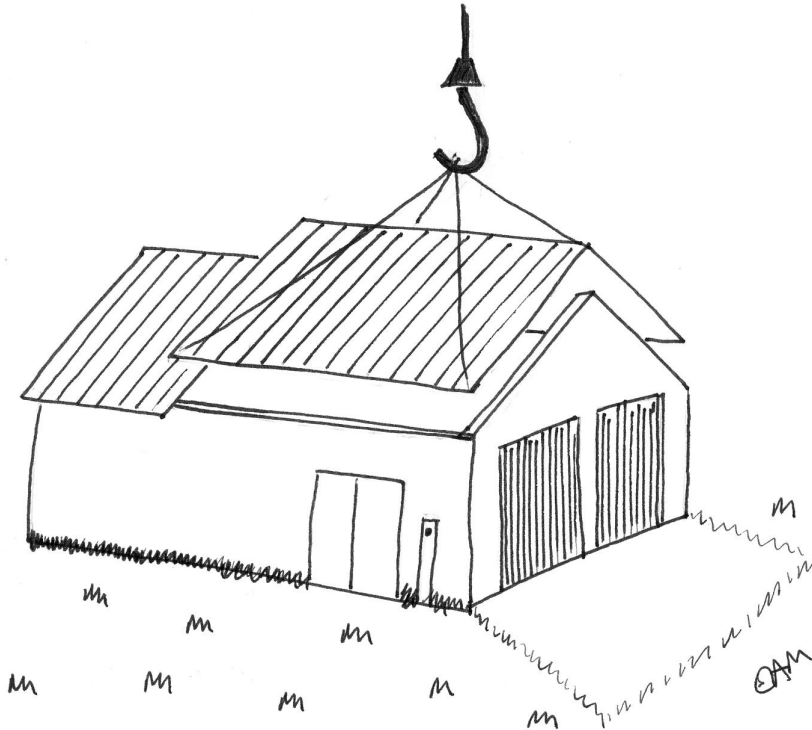
Charles Hicks

Paul Jeffs

Tracey Rees-Clark

Merry Williams

## Forthcoming Events



With 14 new boats arriving it was necessary to make some modifications to the barn ....

## **Trips**

### Mole

Day Trip: River Mole, from Stepping Stones (Box Hill) to Cobham, a distance of 12 miles. The trip is suitable for two star paddlers and above.

Date: Sunday 1st April 2007. Contact the organiser: Alan Dressel (01252-615965)

### Rother and Munnow

Having opted out of Thameside and Watersides this spring I am now suffering from "long paddle withdrawl syndrome". To cure this I am proposing a couple of trips.

You might have seen the West Rother Tour advertised in February Canoe Focus (Page 74) 14 miles in West Sussex with weirs to shoot/portage. I'll contact the LRA to get details and make a booking for Sunday 1<sup>st</sup> April, I just need to know numbers. Please let me know ASAP if you want to come.

I am also in the process of putting together a day trip to the River Monnow in Wales for the 25th March. 49km of Grade I-II, though we won't do all of it!

Liz

### Disclaimer

Some of the trips advertised via club publications are private trips rather than official club trips. In either case the trip organiser is responsible for safety on the trip.

## Mug Appeal

The society for the protection of mugs in distress needs your help.

Locked away in a secret location in Fleet, literally tens of mugs are kept in dark cramped surroundings. Unable to see the light of day they slumber fitfully waiting for the happy day when they can emerge into the light as treasured possessions. You can help transform the lives of these poor mugs...



*From this...*



*...to this!!!*

Yes! With just a few hours effort you too can help give these mugs a happy home as treasured family heirlooms.

Send NO MONEY!

On Sunday May 6<sup>th</sup> 2007 we are running a special day dedicated to saving these mugs! Please help, race or watch the Basingstoke Canal Canoe Club marathon as we seek to find them new homes.

Dear Brian, Richard, Charles  
(delete as appropriate).  
I \_\_\_\_\_ (insert name  
here) would like to provide a  
new home for a mug, please  
enter me for the marathon race.

Present coupon at any Tuesday,  
Thursday or Saturday training  
session and start helping a  
distressed mug!

Dear Howard/Brian,

Sorry \_\_\_\_\_ (insert name  
here) can't race, but would love to  
help home these poor mugs, what  
can I do to help on the day?

Remember: Sunday 6<sup>th</sup> May 2007. The BCCG Marathon!

## Fun Day

The Canal Centre is having another Fun Day on Sat 14<sup>th</sup> April. Details to follow nearer the date.

## BCCC Quiz Night – 28 April 2007

This is a general knowledge quiz for teams of six people. The cost is £25 per team.

We provide questions on a range of subjects: we leave you to give us the answers (well, hopefully).

We also provide snacks and nibbles: you bring drinks of your own choice with you.

All profits will go towards purchasing a new Canadian and other equipment for the club.

The quiz is open to anyone, not just to club members and there are three aims:

- For you and your friends to have an enjoyable evening;
- For the club to raise some funds;
- For us to fill the hall with 120 competitors, as we used to do at all our quizzes.

Please get a team together from your friends, neighbours, work colleagues or family. Perhaps raise two teams for a friendly head to head. An entry form can be obtained from Brian Gandy 01252 622630 / Lee Matthews 07809628699 or from the [www.b3c.org.uk](http://www.b3c.org.uk).

## Coffee Mornings

The plan is to ignore housework for the morning. After dropping the kids at school bring your flask of coffee and white water kit and we will go and play on the moving water at a local weir (usually Shepperton) for an hour or so. Nothing fancy, just breaking in & out, and ferrygliding, a chance to learn or brush up your skills on moving water without being shown up by the kids.

The next “coffee mornings” will be, Fri 23<sup>rd</sup> March, Fri 20<sup>th</sup> April & Fri 11<sup>th</sup> May

Let me know if you want to come.

Liz.

## Read All About It - BCCC Out and About

### Where Do BCCC Members Go In Winter?

Well, four of them were sighted, one cold January night, perched up a mountain in the south of France watching a Special Stage of the Monte Carlo Rally. Sebastien Loeb and Daniel Sordo in the Citroens were amazing. Can we expect to see canoes with rows of headlights carving their way along the canal in the dark? (Of course we already do it with cycle torches on Tuesday evenings!)

And we think quite a number have been on the hunt for snow to ski on – a difficult task this year, especially in Europe. We even hear that a triathlete and cross-country skier from Austria is thinking of doing the Devizes to Westminster race for the BCCC instead of skiing in slush this Easter! One sport's loss is another's gain, maybe?

Some have kept up their training and Hare & Hounds on the canal and some have done the Wey Kayak H&H events, Thameside and Waterside races. We expect the rest to come out of hibernation very soon.

Charles H.

## The Upper Of The Dart

By Keith Ambrose

Just before Christmas of last year a group of us paddlers from the club, with the guidance of an L4 kayak coach decided to run the Upper.

All was ready and we set off on the run, with the river at a reasonably level. With our orientation and settling in practice over, as a group we moved on to one of the many higher grade rocky rapids, with an interesting gradient. No problem there, though I had to do an interesting roll in the middle of this feature which, to some in the group, was very impressive.

We continued on the run with the L4 leading. We did one of the many feature inspection stops to assess and sort out a route through the rapid. One feature, I would say a grade 4, was technical at the run in to a deep gully where the water flowed out spout like into a large pool with two eddies either side. Great fun!! And we all made it. The next features were the same sort of format, inspection, pick route, then run. The famous Erasures falls and Pandora box we look at but decided not to run as these two features come close to the end of the Dart's run, and with fading light and tiredness, setting in mistakes on such sections become individual issues?

Having passed Pandora the last major feature we were nearing the end of the Upper run, relief and contentment of ourselves that we as individuals had run the Upper.

For me it was another personal kayaking achievement and experience to say and record that I have run the Upper.

With reasonable water levels and experience kayakers the upper is a challenging section to run for anyone.

Participants: Richard Somerset

Guy Pepper

Keith Ambrose

Martin Sanders

Adrian Greening L4 Coach Leading

Thanks to Merry Williams in putting together this trip and Adrian in leading our group on the Upper.

## Barle – February 2007

Following in the tradition of this elite pioneer corps I set off with Compo, Clegg and Foggy to explore the upper reaches of one of the world's great arterial rivers. Where can that possibly be I hear you shout in anticipation and excitement. The White Nile ? No. The Zambezi ? No. The Meekong ? No. The dynamic quartet makes it its mission to add a new river or a new stretch of a river to the catalogue each year so our mission this year (which we did choose to accept) was to paddle the Barle down to Tarr Steps. There was plenty of water in this often very variable river so that was a good omen. What was less auspicious was that our arrival in Dulverton coincided with the arrival of (now I don't know what the collective name is for a gathering of vintage trials drivers is) a "spattering" of vintage drivers. I use the words "spattering" and "vintage" deliberately for two reasons. First, it was both cars and drivers who appeared to be able to qualify for the label "vintage" and "spattering" as the collective noun because the cars and, presumably, the drivers were liberally spattered with what seemed to be several hundred pounds of best quality Somerset, or possibly Devon, mud. Given that the windscreens of these cars were rudimentary to say the least and any driver over about four foot six would have been well over the parapet and mercilessly blasted with quick setting clay this was clearly a sport to be undertaken with the mouth firmly closed (the only thing its got in common with canoeing).

Clegg was much distracted by the cars and their owners having been a bit of a boy racer in his time and took time to chat knowledgeably about Rileys and Austin 7s and something called "crash" gearboxes and something else called a "magneto".

What we hadn't bargained for was that these car Jonnies were rather better organised than we were. They had had the foresight to book every pub and eating place on the Friday for miles around so when Compo, Clegg, Foggy and I hit Dulverton eagerly anticipating a substantial home cooked meal we were greeted with the landlord's speciality look of "sorry we're fully booked have you tried .....? Reluctantly we came to the conclusion that the only place to get a meal in the town was at Wiggy's which proudly claims that it provides "quality food with attitude". Excuse me, this was a Chippy! How much "attitude" can a deep fried cod have left? It didn't have much when it was vainly trying to escape the clutches of the two mile long trawler net in the North Sea. By the time it had suffered a lingering death, been gutted, possibly frozen and then thawed and then deep fried in batter "attitude" was in short supply. Wiggy however felt that attitude was what he did and I have to say that his Chippy was clean enough, the service was friendly and the prices very reasonable. In fact there was little more one could have asked for from this meal so long as your measure of satisfaction did not include among its criteria either taste or quality. So we repaired to our B&B where we persuaded our landlady to make us all tea (playing hard on the sympathy vote) and enjoyed our meal of attitude and chips.

The river the following morning was not at the highest we have paddled it but there was plenty of water to justify the trip from Withypool down to Tarr Steps and then on to Marsh Bridge. Being able to get out of the river at the end of our paddle into the front garden of our B&B was a treat. Straight out of the river and into the shower. As something of a traditionalist in these matters I have to say that I felt somewhat cheated out of the usual experience of undressing in a town centre car park being assaulted with sleet or hail and threatened with arrest for indecent exposure. Oh well, another time perhaps. The five miles down from Withypool was very similar to the four miles from Tarr Steps. At this level not many rocks to dodge but lots of flow and, for those happy to be excited by Grade 2 and a bit, enough waves and stoppers to be interesting. You need to watch out for the debris catcher above Tarr Steps, an open net of steel cables designed to prevent flood debris from destroying the steps just below. Apart from this there were no dangers or obstacles. We had taken the precaution of booking into the Lion in Dulverton for a meal that night, not wanting to be trounced by the car Jonnies again and enjoyed good food and good beer and good company.

Day 2 and yours truly was not in the best of health. Back was not in the best of shape but would have survived another day's paddling if it had not been for the combined effects of man flu, tuberculosis, bronchitis and pneumonia aided along with a hint of Nile Fever. Only Compo, Clegg and Foggy paddled on day 2 from Marsh Bridge down to Exebridge with yours truly joining the river at strategic places to photograph the daring exploits of our ageing but game trio. Dulverton Steps were a little less benign than usual but the rest of the river was a lot of fun.

It has to be said that the stretch from Withypool has no access agreement down to Tarr Steps so this is not suitable for large groups and certainly not suitable without plenty of water. Anyone doing this does so on their own judgement on the day and being as discrete as possible to avoid attracting attention. We were not challenged by anyone but that is no guarantee that you would not be. It's a nice stretch of river and has a much more remote feeling given that it starts much higher up on the Moor. Worth a go with no more than four paddlers.

You will have to make your own enquiries to establish who Compo, Foggy and Clegg were on this occasion. Lets just say that they are many of the same members of the Old Gits Reunion Paddle....whoever they are.

Martin Sanders

# Training

## **Canoe Safety Test Courses**

The aim of the CST is to provide paddlers with rescue skills and safety awareness for themselves and others. It is also an essential qualification to become a coach. The course is open to those over 14 and with BCU kayak 2 star.

CST dates for 2007 are Sundays 13th May, 8<sup>th</sup> July & 9th Sept

For more information or to book, either speak to Lisa Wardle on Tuesday nights or call 07798 562562/01252 511813 or email me on l.wardle@virgin.net.

## **Marathon Racing Training**

### **- Thursday evenings**

Our Hasler race is early this year on Sunday 6th May and with some interest this year competing in sprints I would like to start our Thursday evening training sessions early this year.

Wey (Guildford) are holding a youth sprint event on Sunday 11th March.

If you wish to take part in this event please let me know and we will work on this discipline on Saturday mornings for you.

I suggest we commence 2007 Thursday sessions on Thursday 8th March aiming to be on the water at 5.15.

For those that can not make this time we will be warming up paddling towards Guildford Road bridge and working back to the boat store.

My intention is that after some exercises we will do some timed runs over 100, 200 and 500M distances. For the 500M session two people bank side will be required so mums, dads and partners are welcome!

See you on the water!

Richard

L2 race coach

### **- Saturday mornings in March and April**

Saturday morning sessions in March and April (apart that is from the Hare & Hounds days) will be devoted specifically to race training in preparation for the Club's Hasler race on Sunday 5 May. A specific programme will be laid out for each morning. The events will start at 9:15 sharp to be on the water for 9:30. The sessions will finish at 10:30.

We will work in groups to practice starts, turning around buoys, paddling in groups, etc. All members who can handle racing or touring boats, including Lightnings are welcome. The training will also be very suitable for juniors in the Paddlesport teams in preparation for the K4 event at Reading late in March.

If you want to take up racing (it is a good fun, family event) then you are welcome to come along on Saturday mornings at about 10:30. These sessions will last no longer than one hour.

More details can be obtained from Brian Gandy on 01252 622630.

## Cadet Leader Scheme

This is a scheme for all aged between 13-16 years of age and are interested in getting in to coaching. If you are interested then there is a sign up meeting and information night on Thurs 19th April, 7pm-8.30pm. Bring paddling kit too. If you want more information, please email [l.wardle@virgin.net](mailto:l.wardle@virgin.net) or visit [www.B3C-Youth.org.uk](http://www.B3C-Youth.org.uk) go to "What's on" and click on the 'cadets' canoe on the right hand side.

## Paddlesport Challenge Update

What a season so far! B3C takes part in the BCU's Southern Region Paddlesport Challenge, a mix of both fun and competition. Events are generally held monthly-ish from September through to May. Events cater for a wide age and skill range and vary from marathon and orienteering through to slalom and canoe polo. The club generally fields two or three teams each year. Once you join a team you are in it for the season and teams are limited to a maximum of 10.

The Challenge is a really good way of continuing your paddling fun through the winter and suits those who want to try a range of disciplines. This season we've actually welcomed only one brand new participant - Fenella Thomas! Fenella made a fantastic contribution to the first event - surely a young lady to watch for the future.

This year we've had one pretty consistent but small core team - the Eskimos - and one that has only appeared for the polo so far - the Penguins!. Unfortunately this means we've not done so well on attendance points....

The Eskimos are currently lying 5th, the Penguins 9th. Here are the current placings:

- Pangbourne Power Rangers - 161 points - 1st
- Reading Wreckers 121 points - 2nd
- Pangbourne Pebbles 121 points - 2nd
- Reading Sea Scouts -112 points - 4th
- B3C Eskimos - 100 points -5th
- Reading Goodies - 72 points - 6th
- Banbury Barracudas - 47 points - 7th
- Banbury Bandits - 44 points - 8th
- B3C Penguins - 25 points - 9th
- Banbury Barnacles - 16 points - 10th
- Pangbourne C - 10 points - 11th
- Warren - 7 points - 12th

The February event was Orienteering. Here a gallant team of 3 Eskimos came 3rd. This revamped event was held at Adventure Dolphin and involved some real orienteering, an open canoe picture trail, a lock search, jargon quiz and lots and lots of getting muddy!

The highlight so far this year was the polo - organised by B3C over three Saturday evenings in January. This is consistently the most popular event. A big thank you to all those from the cub who helped! At this,

B3C Penguins narrowly pipped Pangbourne Power Rangers to first place and the Eskimos came a very strong 4th.

The other events have been a Safety / Rescue Races Event; Bell Boat Challenge and Open Canoe Racing; Slalom; and the 'Generation Game' (indoor competition).

Finally, the last two events of this season are:

- o April 29 - NENE – Coaching and white-water/freestyle fun (1pm to 3.30pm)
- o June 10 (to be confirmed) K4, BBQ and Presentation - Reading CC

Nene will be great fun. A great opportunity for all skill levels - for coaching on this safe, artificial white-water course. We're looking at introducing a competitive element too, but you can be sure it will be fair and fun.

**Please let me know if you are coming to the Nene event. We need to know numbers as soon as possible to ensure appropriate and safe coach numbers!**

I hope to encourage more new members to take part next September. Meanwhile, have fun!

Paul Jeffs

## **SLALOM**

### **Southern Region Interclub slalom**

The Yalding Weir slalom in Kent at the end of March is the first beginners (div3/4) slalom of the year. I will run a training session on the preceding Tuesday (the first after the clocks change) to support this. This is a really nice event, and not too far. Between the sessions the weir is released giving the bolder paddlers the chance to practice on some much more challenging water.

The full calendar is available at <http://www.canoeslalom.co.uk/2007calendar.pdf>

Other noteworthy events are:

28/29 Apr Winchester div4 ideal first slalom, similar environment to Mytchett

2/3 Jun Langham farm div3/4 only just down the road near Frome in Somerset

Merry

## **Hare and Hounds results**

Hare and Hounds results are online, you can check the latest scores and series points at.

<http://homepage.ntlworld.com/richard.somerset/results.html>

## **Pool & Polo**

### **Pool Dates for 2007 at Odiham:**

11th & 25th March  
22nd April  
6th & 20th May  
17th June  
8th July

Times: 6.00pm - 6.40 pm Canoe Polo  
6.40pm - 7.20pm training/fun session  
7.20pm - 8.00pm Training session

e-mail: [Keith.ambrose@ntlworld.com](mailto:Keith.ambrose@ntlworld.com)

## MARATHON

The 2007 series of Hasler races starts on Sunday 6 May with our own race at Mytchett. The dates for the series of races are as follows

**May 6 – BCCC**

**May 27 – Thames Valley (Wokingham) \***

**June 16 – Oxford**

**June 24 – Reading \***

**July 29 -- Southampton**

**September 9 – Henley (2008 season)**

**September 16 – HASLER FINALS AT  
PANGBOURNE**

**\*Note – these are now the other way round from the dates in the Racing Handbook.**

**Some other races (non-Hasler) for your diaries are:**

**June 10 – Windsor Veterans**

**July 24 - Reading K4**

**August 18/19 NATIONAL CHAMPIONSHIPS AT WOKINGHAM**

Talking of K4s, we have located a secondhand wooden K4, which Lee Matthews assures us will fit into the boatstore! Southampton Canoe Club are happy to sell it to us for a price within our budget and we are now trying to arrange to pick it up – a process which has so far taken three months!

We have been busy buying and selling boats over the winter, and hope they will provide an even better selection for our paddlers to try out. The latest addition is a kevlar/carbon Hobby K1, ex Alan Coleman and in beautiful condition. Lets try and keep it that way!

If you have never raced before, do have a word with Brian Gandy, Charles Hicks, Liz Murnaghan, Richard Somerset, or any of the present marathon folks, and find out all about it.

Charles

If you are not sure who ‘Brian Gandy, Charles Hicks, Liz Murnaghan, Richard Somerset, or any of the present marathon folks’ are just collar someone with a very long thin boat. (ED)

## Editors bit

The editors prize this issue goes to the first person to correctly identify the number of times in this edition the **Club Hasler on May 6<sup>th</sup>** was mentioned.

Now while you are on-line why not check out the rest of the club web site and don’t forget the youth site.

Copy date for the next issue is 15<sup>th</sup> June Email articles to me at [Waterfront@B3C.org.uk](mailto:Waterfront@B3C.org.uk)

**In addition to the events listed on the calendar, don’t forget the following “regular” sessions:-**

Tuesdays 9.30am Mytchett Introduction to Placid Water (term time only) Contact Liz Murnaghan 01276 514766

Tuesdays 7.15pm Mytchett For Marathon training, Contact Charles Hicks 01252 850657

Thursdays 9.30am Marathon training Contact Charles Hicks 01252 850657

Saturday Mornings at Mytchett **Flat water coaching** Contact Brian Gandy 01252 622630 and **general paddling** contact Jon Mudd 01252 629800

Saturdays Trip to local weirs or Nene Whitewater Centre Contact Keith Ambrose 01252 523579

## A few dates for the calendar.

|               |   |  |            |
|---------------|---|--|------------|
| <b>Mar 07</b> |   |  |            |
| 11            |   | Waterside C (22.5 miles, 30 portages; Pewsey – Newbury)  | Charles H. |
| 11            |   | Wey Youth Sprints  | Richard S  |
| 11            | * | Pool at Odiham   | Keith A    |
| 17            | * | Hare and Hounds  | Richard S  |
| 18            |   | Royal K1/K2 (24 miles, 8 portages; Windsor – Teddington) | Charles H. |
| 23            |   | Coffee Morning   | Liz        |
| 25            |   | Waterside D (34.5 miles, 30 portages; Devizes – Newbury) | Charles H. |
| 25            | * | Pool at Odiham   | Keith A    |
| 1             |   | River Monnow   | Liz        |
| 31/1          | * | Yalding Weir Slalom div3/4                               | Merry W    |
| <b>Apr 07</b> |   |  |            |
| 1             |   | River Mole   | see above  |
| 1             |   | West Rother Tour   | Liz        |
| 6/9           |   | Devizes to Westminster                                   | Charles H. |
| 10            | * | early registration evening for Paddlepower 2007          | Paul J     |
| 14            |   | Canal centre Fun Day                                     |            |
| 17            | * | first Paddlepower 2007 evening.                          | Paul J     |
| 19            | * | Cadet leader scheme information evening 7-8:30           | Lisa W     |
| 20            |   | Coffee Morning   | Liz        |
| 21            | * | Hare and Hounds  | Richard S  |
| 22            |   | Oxford Duathlon  | Charles H. |
| 22            | * | Pool at Odiham   | Keith A    |
| 28            |   | Quiz night   | See Above  |
| 28/29         | * | Winchester Slalom div4                                   | Merry W    |
| 29            | * | Paddlesport NENE   | Paul J     |
| <b>May 07</b> |   |  |            |
| 6             | * | *** Club Hasler ***                                      | See Above  |
| 6             | * | Pool at Odiham   | Keith A    |
| 11            |   | Coffee Morning   | Liz        |
| 13            |   | CST  | Lisa W     |
| 19            | * | Hare and Hounds  | Richard S  |
| 20            | * | Pool at Odiham   | Keith A    |
| 27            | * | Hasler - Thames Valey (wokingham)                        | Charles H. |
| <b>Jun 07</b> |   |  |            |
| 2/3           |   | Langham farm Slalom div3/4                               | Merry W    |
| 9             | * | Hare and Hounds  | Richard S  |
| 10            | * | Paddlesport K4, BBQ and Presentation, Reading CC         | Paul J     |
| 10            |   | Windsor Veterans   | Charles H. |
| 15            |   | Waterfront copy date                                     |            |
| 16            | * | Hasler - Oxford  | Charles H. |
| 17            | * | Pool at Odiham   | Keith A    |
| 24            | * | Hasler - Reading   | Charles H. |
| <b>Jul 07</b> |   |  |            |
| 8             |   | CST  | Lisa W     |
| 8             | * | Pool at Odiham   | Keith A    |
| 21            | * | Hare and Hounds  | Richard S  |

|        |   |  |            |
|--------|---|--|------------|
| 24     |   | Reading K4   | Charles H. |
| 29     | * | Hasler - Southampton   | Charles H. |
| Aug 07 |   |  |            |
| 18     | * | Hare and Hounds  | Richard S  |
| 18/19  |   | National Marathon Championships, Reading                         | Charles H. |
| Sep 07 |   |  |            |
| 9      |   | CST  | Lisa W     |
| 9      | * | Hasler - Henley (2008 Season)                                    | Charles H. |
| 15     | * | Hare and Hounds  | Richard S  |
| 16     | * | Hasler - Finals at Pangbourne                                    | Charles H. |
| Oct 07 |   |  |            |
| 6      |   | Reading K4   | Charles H. |
| 7      | * | Hasler - Elmbridge (2008 Season)                                 | Charles H. |
| 14     | * | Hasler - Windsor (2008 Season)                                   | Charles H. |
| 20     | * | Hare and Hounds  | Richard S  |
| 21     | * | Hasler - Marlow (2008 Season)                                    | Charles H. |
| 28     | * | Hasler - Banbury (2008 Season)                                   | Charles H. |
| Nov 07 |   |  |            |
| 4      |   | Cokethorpe time trials   | Charles H. |
| 17     | * | Hare and Hounds  | Richard S  |
| 18     |   | Exe Descent (19 miles, 9 weirs; Tiverton – Exeter; over 16 only) | Charles H. |
| Dec 07 |   |  |            |
| 2      |   | Stour Descent (15 miles for any boat on Dorset Stour)            |            |
| 15     | * | Hare and Hounds  | Richard S  |

Items suitable for younger paddlers are marked with a \*

|  |                               |
|--|-------------------------------|
| Charles Hicks 01252 850657   | Richard Somerset 01252 683584 |
| Merry Williams <a href="mailto:avme79@dsl.pipex.com">avme79@dsl.pipex.com</a>            | Brian Biffin 01252 616692     |
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| Lisa W 07798 562562 / 01252 511813   | Liz Murnaghan 01276 514766    |

**Following a recommendation from the BCU we must draw your attention to the following statement: “Canoeing and Kayaking are “Assumed risk”- ”Water contact sports””**