



Waterfront

Issue106

June06

James Arbuthnot Club-mark Presentation visit and BBQ -15th July 9.45 a.m. – 1.00 p.m.

Please find details of a forthcoming visit by a local MP. The key reason for the visit is to formally celebrate and mark BCCC achieving Club-mark status, however links with James are also important in supporting both the River Access and the ongoing discussions around future management of the Basingstoke Canal. The numbers of paddlers and fullest possible club involvement are critical for its success and could everyone do their best to support us with what is a very important event for both the club and canal. Representatives from the BCU along with other users of the canal will join us on this morning. Hopefully there will be press involvement

Time :- 15th July 9.45 - 1.00

10.00 a.m.- Hare and Hounds– A shorter Hare and Hounds starting from the swing bridge as usual, we run the mini hare & hounds round Potters Island and Guildford Road Bridge flash - a distance of about 2 miles, using handicaps based on one-third of normal H & H times. All and anything welcome!!

10.30 a.m. - Play-boat / Freestyle demonstration by Graham and other quality paddlers looping the loop and generally getting very wet.

11.00 a.m. - A Polo match across the canal in the slalom area – Please join in!!

11.30 a.m. – General paddling hopefully with James in a Canadian with Club Coaches

12.00 p.m. - BBQ. Bring some meat and bits

12.20 p.m. - Club Mark Presentation

1.00 p.m. FINISH

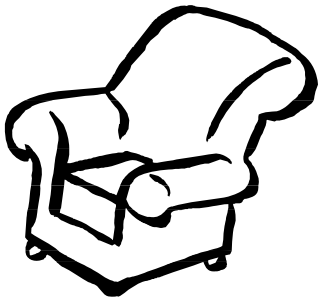
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From the Chair...

It has been a very busy time since the last news letter, with Paddle power doing very well over the Winter, and now especially on a Tuesday night, Unfortunately the Sunday evening pool sessions are still not being supported as well as we would wish, these sessions are ideal for a general splash about and honing your

capsize drill, support strokes, rescues and rolling skills all finished off with a rough and tumble polo session so please use this valuable training

On the 15th July one of our local MPs, James Arbuthnot is coming to present us with our Top Club certificate. The club has worked hard to achieve this so please come and celebrate your achievements. We need your support to show James what a “top club” we are, so please come along and have some fun on the water

As the summer season has just started at Mytchett, it's not only Paddlepower, boats

are available for everybody, that includes parents, please give it a try. If you wish to do a star course this year please contact our training team.

A big well done to Brain Gandy and his team for a wonderful club marathon. We had 204 entries in all compared with the record last year of 275

I will leave you with this thought. No one knows quite what will happen in the future, but we can be sure that our actions will shape it.

Lee Matthews

NEWS

Tragedy at Deepcut.

A fatal accident occurred on Friday 21st April at Lock 22 on the Deepcut flight when a crew member from a visiting canal boat drowned. Susan Stewart of Guildford was going on ahead of her boat to set up the locks. Nobody saw what happened but it is thought that she accidentally fell in and hit her head or was drawn under by the flow into the lock. The canal might look calm and peaceful but everyone should remember that they can be dangerous.

Our sympathy goes to Susan's family and friends.

On yer bike!

Club member John Fawkner is planning to cycle the 1000 miles from Lands End to John o'Groats between 10th and 25th June, and is using the occasion to raise money for Practical Action (formerly “Intermediate Technology”, which gives direct technical assistance to the poor in the third world). Any readers who would be interested in contributing may find out more from the website www.justgiving.com/LandsEndCycle

Licences

Did you know that you need a licence to paddle on the canal?

The Club has licences to cover the use of Club boats by members but they don't cover private boats. If you wish to paddle your own boat on the canal you need to arrange a licence for it. You can get one from the Basingstoke Canal Authority - <http://www.basingstoke-canal.co.uk> (£14.70 for single seat boats or £19.05 for multiple seat boats, juniors get 50% discount) Or if you join the British Canoe Union you can get one for FREE! A licence to paddle over 4500kms of water is included in membership of the BCU. This includes the Basingstoke Canal, Wey navigation, River Thames and all the British Waterways Board Canals. Also included in BCU membership is civil liability insurance up to £5,000,000, six editions of Canoe Focus and an annual yearbook. Cost £29.75 for Adult Basic membership, £35.75 if you want to get

involved in coaching and competition. Reduced rates available for Juniors and Families. See www.bcu.org.uk for details.

Use of Club Boats

Just a reminder that the Club Boats are for use by members only. Whilst it might seem like a good idea to lend a club boat out to your mates, don't do it! There are concerns about safety with unqualified persons providing "coaching". Also there is an increased risk of damage to boats when used by non members. They don't have a vested interest in keeping them nice and may not know the correct handling techniques for the more specialist boats. Wear and tear gets paid for out of your membership and this money then can't be spent on new stuff!

If you wish to borrow a boat and paddle it offsite please contact Dave Bevan, Boat store Co-ordinator on 01276 502524 and write the details on the whiteboard. Please ensure the boatstore is secure when you leave Mytchett and return the boat as soon as is practicable.

Boat store

Lee Matthews is going to change the code on Friday 30th June. The new code will be given to members in person on application to the Chairman during Club sessions.

Club Kit

Summer is here and I will be ordering some athletic vests for you to wear.. They are genuine Ronhill specials in the Club colours of black with Go Faster stripes of royal blue and scarlet. The cost will be £15 each and unlike some clubs you don't have to be member of the marathon squad to buy one. Contact the Editor to order liz.murnaghan@ntlworld.com

FORTHCOMING EVENTS

MPs visit

See the front page!

Sat 24th June

The proposed trip to Symmonds Yat has been cancelled in favour of a trip round Brownsea Island in Poole Harbour. Distance about 7km and includes a stop at a teashoppe!. Contact Brian Biffin 01252 616692

French trips

Alpine white water organised by Merry merrywilliams@waitrose.com with coaching from Adrian Green. Alternatively cruise the Creuse with Charles Hicks 01252 850657

New Year!

Anne and Brian Biffin would like to welcome all club members to join them on the 31st December to see in the New Year at their home. It's a Faith Supper (American Supper). More details to follow.



BCCC Summer Sprint and Marathon miniseries

Come and try a Lightning, fast touring or racing boat

?

It's being run for YOU!

?

Where: Canal Centre Mytchett

When: Most Saturdays: 1st July to 2nd September

(Contact Brian Gandy for full programme)

Who: Open to all, especially beginners/juniors

What time: Starts 11 a.m. **prompt.** Be there for 10.30 a.m.

Activities: Basic instruction in K boats (K1's and K2's)

Boat-handling skills

Sprint and marathon competition

(Sprints 200 metres: Marathon 2.4 km.)

Gala day and barbecue and prizes on last day

Must I do the whole series?

NO: you can come on all or any of the days
(But please let me know in advance, if possible)

Cost: It's **FREE**

Who to contact? Brian Gandy – 01252 622630
Email: gandy@adslmail.newnet.co.uk

Please come and take part. See how fast you can go. Come back the next week to see if you can go faster! Come and have a go: we're going to have FUN.

TRIPS AND TOURS

The Swale Tour and Further

Whilst on January's Usk trip I admired Adrian's screen saver, Adrian approaching a big drop on Yorkshire's River Swale at the Richmond falls. Swale Outdoor Club runs the annual Swale tour into Richmond. The journey to Yorkshire is a little longer trip than our normal West Country jaunts but Keith, Chris, Tony and I were all keen to join Adrian when the opportunity came around. Sadly Keith was unwell on the day and unable to make it. Accommodation was arranged in a fine cattle shed high on the snowy sides of the Swale Valley: it would be lovely in the summer! This is the one legitimate opportunity to travel this attractive section of the river Swale from Grinton down to Richmond. Water levels were not high. We found the river very similar in character to the Usk. There were two straightforward grade 3 sections and plenty of pleasant grade 2 features for entertainment. The scenery was the classic beauty of the Yorkshire Valleys. There were a couple of friendly people with throw bags suggesting a route through the bigger water, a free hot drink stop provided by the local mountain rescue and hot showers in the club house at the end. That was after we attracted a good crowd as we all fulfilled the original aim of the trip and shot the falls at the end. My first big pool drop and quite a rush!

After some interesting ales and a dreadful meal in JD Wetherspoons we joined a few Swale club members in their clubhouse. Our original plan had been to visit the Ure on the Sunday as it was on our way home, but the benefit of local advice found us heading further north to the river Tees the next morning. After much hiking around we located the recommended egress at a lovely new footbridge over the Tees, and making use of the Newbiggin Village Hall carpark. Up at the High Force Hotel we failed to find anywhere to pay either the parking or launching fee after getting ready in the snow covered car park.

A winding route down to the river gave us a nice snow-slide into the Tees. The first 20 minutes of boulder scraping had us wondering whether we had made the right decision. As the river made it into bedrock the depth improved and we hit the first feature. As this was new territory for all of us we inspected and were pleased with what we saw. This was great fun, but it was only the beginning. The next major feature was the infamous dog-leg, as featured on the front of the English White Water Guide (which reminds me, have you got my copy?). Adrian was first down and generously gave us the opportunity to perform a text book throw line rescue (once we had put the cameras down safely). We then got interrupted by another group. One of the group told us that this was his first time since being pinned by the exit rocks and being forced to swim under his boat. After much discussion of the best route we all decided to go for it. I recommend that you take a look at http://www.kodakgallery.co.uk/BrowsePhotos.jsp?&localeid=en_GB&collid=63247639933&page=1&sort_order=0. The next feature was a big one! Low force comprised of 2 3m falls, river left onto rocks, river right giving a small but comfortable landing site. But before that it was necessary to drop into the top pool and set up. This was just a great opportunity to plan possible rescues and get set up in a complex situation. In the end there were no problems, just a fantastic climax to a superb weekend. Brilliant! Thanks to Adrian, Tony and Chris for the company and helping this to happen.

Merry Williams

Sea trips

Saturday 13th May: Perfect weather , we were joined by Anne, Pete Harris and the entire Williams family at Studland, from where we paddled out about 1/2 mile to catch the ebb current, although not everyone was convinced about that, but at least the waves were a little bigger! We paddled in and out of Old Harry and his wife then through a few arches and on under the cliffs to Swanage Bay. We took lunch on a sheltered beach under the cliffs before sauntering back home.

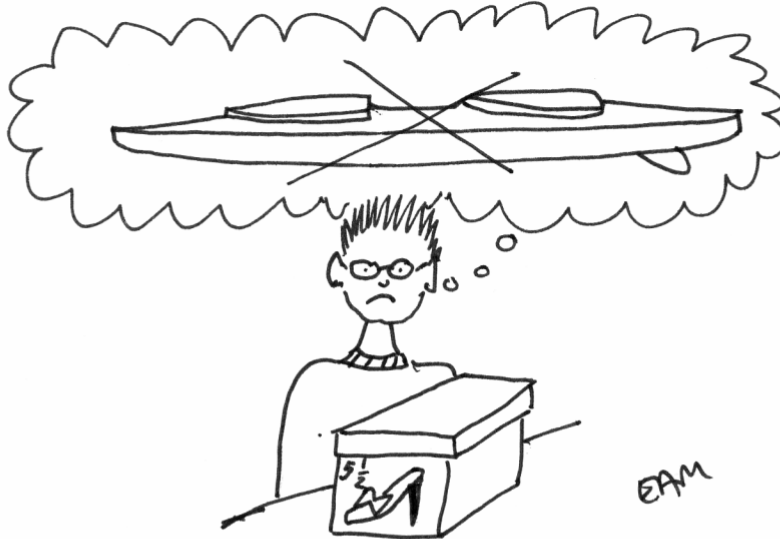
Sunday 21st May was a different story. Force 5 forecast with short sharp showers. Richard Somerset, the Horners, Lisa, Debbie and Aran and Sabrina Steele made up our team. Keeping relatively close inshore to benefit from the lee of the cliffs we paused at Old Harry and some of us had a play around in the overfalls and windswept chop off the eastern end of the stacks. There we stopped for lunch before heading home. We split into two groups. One group paddled

close inshore in the calmer waters while the other group paddled with the larger waves, keeping further out to sea.

Same journey but very different conditions.

Brian Biffin

Cardington



Liz knew without opening the box that this was not the Stiletto that she had put on her birthday list.

There was a good turnout from the Club as we trekked up the M1 to find moving water, flat campsites and warm weather. Well 2 out of 3 ain't bad. The conversion of the top pool into a swimming area was welcomed on the first day, everyone had fond memories of what fun it was last year. There was a short steep learning curve as everyone learnt what cold water was and the experiment was not repeated on subsequent days. The Topo Duo and the Caption open canoe were much in demand on the white water course and everyone was borrowing everyone else's boats to give them a try. Saturday evening saw the campers barbeque a variety of sausages, steaks, burgers and kebabs over charcoal and the caravanners did much of the same on their gas barbies. The youth committee scoured the site for wood and with the remnants of the barbies built a roaring campfire which everyone gathered round to warm themselves. On Sunday Liz, Tracy, Sarah and Michael L sneaked into Bedford to race in their marathon. It is the site of the Hasler finals this year. Michael raced well to win Div 7 K1. Liz and Tracy raced for the first time together, and did their first clockwise turn together! After lunch it was time to celebrate Michael Jeffs becoming a teenager and Liz a birthday with a 0. A selection of cakes and fizzy drinks appeared. The little pink Wavehopper on Liz's cake was requested by many, strange that they are not so keen on the real thing! More paddling, more food another wet night and time for a last play on the course before dismantling it. There then followed a game led by Denis in which everyone tried to pack as many boats as possible onto the club trailer. Anne Biffin and the trusty Biffin Bus towed it all very slowly home.

Liz

Neptune Award



If you have been a member of the club for a few years you will remember that there is a Neptune Award for notable swimmers in the Club. Nominations so far this year include Rob and Chris for multiple swims during their DW training, 20 or so during the Jan Hare and Hounds, Keith "My new boat is easy to roll" Ambrose and demonstrating during the Easter Come and try it sessions just how easy it is to exit and Richard "Don't scratch my Alpha" Somerset for swimming twice in the club marathon. Any more nominations please to the Editor.

COACHING

We have had a good season of training courses with Brian's Canadian courses; Lisa's 3 star kayak on Saturdays; and Keith, Jon and Merry running 1 and 2 star kayak courses on Thursday evenings. Placid Water Coaching takes place on Tuesday mornings with Liz

Congratulations to

Alan Ebbage, Patrick Wills, Ruth Smith, Michael Hamilton, Helen Green, Jesse MacKenzie, Glen Bleksley and James O'Conner for gaining their kayak 1 star

Sabrina Steele, Richard and Keith Green for gaining their 2 star kayak

Mark Methven and Nick Biffin for gaining his 3 star kayak.

Canadian assessments today (Sunday)!

We also have 2 new level 2 coaches in the club, Jonathan Mudd and Merry Williams, after a successful assessment on Sunday at Longbridge.

If you are interested in participating in any training, either as student or coach, or require more information please contact Merry. merrywilliams@waitrose.com

Canoe Safety Test Courses

The aim of the CST is to provide paddlers with rescue skills and safety awareness for themselves and others. It is also an essential qualification to become a coach. The course is open to those over 14 and with BCU kayak 2 star.

The dates for the 1 day courses are:

July 2nd

August 6th

September 3rd

For more information or to book, either speak to Lisa Wardle on Tuesday nights or call 07798 562562/01252 511813 or email me on l.wardle@virgin.net.

POOL & POLO

Session times remain the same but note changes to Polo.

1st session: 6.00 to 6.40pm. Polo. On the first pool session of the month this will be to full BCU rules with pushing in etc. The second session of the month will be modified “Youth” rules which is less aggressive and suitable for younger members of club, though adults can join in to make up teams numbers or assist at poolside.

2nd session: 6.40pm to 7.20pm. Training / fun play.

3rd session: 7.20 to 8.00pm. Training.

Please, please remember to thoroughly wash out your own boat before taking it into the pool area. Make sure that you take all your property home afterwards.

Those who wish to attend please let me know via e-mail: Keith.ambrose@ntlworld.com

Note no pool sessions in August

YOUTH

Youthfest

Paddle on Dorney Lake 6 years before the Olympic sprint events! Teams of 8 young paddlers are needed for the Bellboat races and you can also try out lots of boats and fun events. Liz will take a team to represent BCCC on July 9th. Contact Liz to register your interest as soon as possible. More details on the BCU website and in Canoe Focus

<http://www.canoe-england.org.uk/canoeeng/canoeeng-standardtemplate2.aspx?Level1MenuItemId=4&CurrentMenuItemId=2042>

Paddlesport Challenge.

Interest waned after the polo successes but we managed to field teams for the Generation Game, Canoe Orienteering and canoe sailing. Andrew Jeffs became an honorary Swimmer to join Sarah Murnaghan in the latter events as the Club's only representatives. Overall Reading and Pangbourne took the tops spots with Swimmers 5th and Sinkers 6th out of 13 teams. Well done to all who took part

SLALOM

Tuesday night training sessions have been running most Tuesday evenings and have been well supported both by paddlers coming to find out what it is all about, and by some regulars who should do well in competition. The slalom gates that Keith, John and Denis introduced have been a great step forward.

28/29-May: The Jeff's family put in a great showing at the excellent, if muddy, Loddon Slalom. This is our most local slalom and is on a very attractive stretch of the River Loddon, I recommend that you watch out for it next year.

The Langham Farm Slalom is another reasonably local event, and must rate as the friendliest and best organised. 3/4-June: Paul, Andrew and Rowan all gained promotion to div 3, Andrew gained the U12 shield in div 4, Rowan managed the U12 shield in both div 3 and 4, Hazel came a very convincing 2nd on both days, and Michael managed a clear round (something Paul and I need to work on!).

10/11-June saw the North Walls Slalom in Winchester. This event is the most similar to the canal environment and ideal for the less confident paddler. Last year Basingstoke Canal CC cleaned up most of the prizes. I have not heard the results from this year yet, but hope we had some good participation.

Coming up soon we have the Cardington Slalom on 24/25 June. A great opportunity to participate in moving water slalom on familiar territory. The following weekend, 1/2 July, is the another very local slalom at Shepperton.

Tuesday night slalom training will continue until the summer if people remain interested. We are hoping to add a bit of variety by getting in some more experienced coaches, providing slalom sprint training and hopefully a trip to practise at Shepperton before the competition. If you are interested in attending either the training sessions or have any questions regarding taking part in local events please do not hesitate to ask.

Merry

Your slalom coaching team are Merry, Keith, Jon, Elaine, Mike and Paul

MARATHON

Marathon Report

The Club had paddlers entered in many of the longer races held in the cold winter months.

In the past we have entered teams for the Waterside series of events but this year only the shorter races attracted any support. Short Waterside races being only 13 or 18 miles long! Due to works on the Kennet and Avon Canal Waterside A was raced over a revised course starting and finishing in Newbury. Jerry Rogers finished in 2hr28'28" and Brian Gandy in 2hr33'40".

Thameside 1 was next and saw Mike Lambert trying his first longer race with Richard Somerset, they came 3rd in Vet/Junior K2 with a time of 2hr12'27". In the Mixed class Liz Murnaghan and Pete Absolom came 4th with a time of 2hr05'17".

It was cold for Waterside B, an out and back course from Newbury raced in the knowledge that all the ice you have to portage on the way out will be there on the way back. Debbie Carpenter and Howard Smith made it in 4hrs01'31". Brian Gandy retired from a race for the first time ever, something he has regretted almost since putting his warm clothes on.

Thameside 2 was warmer with a small flow on the Thames. Debbie talked Howard back into a boat and they finished in 3hrs15'06". Liz and Pete came 4th (again) in Mixed K2 with a very pleasing time of 2hr44'24".

All of these races are considered valuable training events for the big one at Easter from Devizes to Westminster. This year none of the above entered, but we did have an entry. Chris Miller and Rob Ravilious proved the naysayers wrong. Despite a lack of training in a boat they were fit and determined, they managed to paddle and carry the club Barracuda from Devizes to Westminster in a time of 30hrs 37mins13secs. They enjoyed it so much that they haven't been seen in a boat since!

The Hasler Races season started in earnest on 14th May with the club race. It was very well organised with results and prize giving within 25minutes of the last finisher. There were over 200 entries and thanks must go to Brian Gandy and his team of helpers. There were lots of pots for good performances. Naomi Smith came 3rd in Div9 K1 just a second in front of Isobel, both were fast enough to get promoted to Div8. Mike Lambert won his first race in Div6, just ahead of Tyson who came 3rd. Liz Murnaghan and Pete Absolom came 3rd in a very fast 7/8K2 race. Charles Hicks & Tracy Rees Clark were 4th in 9K2, just ahead of Paul and Andrew Jeffs. In the Lightnings, Mike Truesdale won the U12 Boys and Sarah Murnaghan came 2nd in the U10 Girls. Richard Somerset must also get a mention, he took a swim at the start line and again at the portage, but at least he paddled fast enough in between to not get demoted.

Reading was the next race, they are hosting the National Championships this August and it was a chance for them to try out a new course and iron out any glitches. The finish line was downstream between two buoys in the middle of the river, the aim was to produce a circular course without the need for boats to cross each other's path. Well that's the theory! Div 7/8 started first and Liz and Pete were in the lead up to the first turn (!)but they lost places turning because they had never done racing turns in the Stiletto before, however, they did finish between the buoys unlike 3 of the boats in front of them which translated into second place. Charles Hicks and Paul Batchelor coming in 6th and Isobel and Naomi Smith 7th in Div7/8. Debbie Carpenter and Howard Smith raced well in Div 9K2 to come 5th. Mike Lambert came 4th

in Div6 in a time which gets him promoted to Div5, well done! It was good to see some new faces racing for us in Div9K1 .Sarah Murnaghan raced in the Lightnings, 2nd in U10 girls. She took part in the Hody K2 race in the afternoon. These are small K2s designed for Juniors, she didn't have a junior partner so Nigel Frankland of Reading took her round the course to try them out anyway. and to act as safety boat. The next races are at Oxford on 18th June and Wokingham Waterside Centre on 25th June. More racers always welcome, contact Charles Hicks on 01252 858657

Hare and Hounds results

<u>Feb06</u>			Paul & Andrew Jeffs	1hr03'40"	6
Mike Lambert	59'57"	10pts	Tracy Rees Clark	1hr06'30"	5
Howard Smith	1hr09'47"	9	Alan Coleman	1hr06'50"	4
Tracy Rees Clark	1hr09'05"	8	Pete Absolom	1hr01'04"	3
Paul & Andrew Jeffs	1hr09'46"	7	Howard Smith	1hr09'06"	2
Isobel & Naomi Smith	1hr05'28"	6	Brian Gandy	1hr04'15"	1
Alan Coleman	1hr10'41"	5	Liz Murnaghan	1hr01'30"	1
Richard Somerset	1hr00'52"	4	4 miles		
Pete Absolom	1hr11'25"	3	Jon Mudd	50'20"	
4 miles			Ruth Smith	51'15"	
Jon Mudd	50'10"		Neil Matthews	53'20"	
Ruth Smith	48'49"		2 Miles	Time Trial Award	
David & Annadel Horner(C2)	1hr09'49"		Harry Mudd	18'30"	Silver
			James Matthews	18'45"	Silver
			Sarah Murnaghan	24'05"	
<u>Mar06</u>			<u>May06</u>		
Paul&Andrew Jeffs	1hr04'33"	10pts	Naomi & Isobel Smith	58'22"	10points
Charles Hicks	1hr09'30"	9	Michael Lambert	52'56"	9
Alan Coleman	1hr09'18"	8	Richard Somerset	54'17"	8
Naomi Smith	1hr10'48"	7	Tracy Rees Clark	1hr04'40"	7
Richard Somerset	58'32"	6	Alan Coleman	1hr06'40"	6
Pete Absolom	1hr02'39"	5	Liz Murnaghan	59'53"	5
Howard Smith	1hr11'40"	4	Paul Jeffs	1hr08'08"	4
Tracy Rees Clark	1hr08'18"	3	Charles Hicks	1hr06'53"	3
Michael Lambert	DNF		Howard Smith	1hr08'30"	2
4 miles			Pete Absolom	DNF	
Jon Mudd	57'45"		4 miles		
2 miles	Time Trial Award		Jon Mudd	47'44"	
Harry Mudd	21'30"	Bronze	Ruth Smith	49'24"	
Sarah Murnaghan	23'30"	Blue	Michael Truesdale	53'00"	
Liz & Matthew Murnaghan	23'30"		Freddie Oliver	53'46"	
Dave & Annadel Horner(C2)	26'45"		Tim Truesdale	53'54"	
Elaine & Craig Horner(C2)	29'40"		Kevin Lock	1hr01'20"	
			2 Miles	Time Trial Award	
<u>Apr06</u>			Charlie Winnan	23'50"	Blue
Isobel Smith	1hr05'15"	10points	Sarah Murnaghan	24'09"	
Naomi Smith	1hr05'54"	9			
Richard Somerset	54'00"	8			
Michael Lambert	55'30"	7			

Hare and Hounds results are now online, you can check the latest scores and series points at <http://homepage.nflworld.com/richard.somerset/results.html>

For Sale

2 man dome Vango tent £30, Lis Coleman, phone 01252 674412.

Holiday Let

3 bedroom (1 double, 1 twin, 1 single + lots of floor space) terraced house in Swansea. A short car or bus ride from the glorious Gower peninsula. Great for surfing, sea kayaking, climbing or cycling. Close to the city centre. Good food shopping and restaurants 5 minutes walk from the house. Sandy beach and beautiful parks near by. Theatres, cinemas, museums, swimming pool and lots more.

£100 per week/ £30 per weekend.

Contact The Biffins on 01252 616692/e-mail brian.biffin@gmail.com

Editors bit

Summer days are here again. It's been great to go out and paddle in just one layer of clothing, so much less to dry out when you get home. The locks on the canal have been shut for the summer in an attempt to keep the water levels up. Enjoy a safe summer of paddling whether you go abroad or just onto the Thames. Please write about your experiences and send them to the address below. Copy date for the next issue is 16th September Email articles to me at liz.murnaghan@ntlworld.com

Following a recommendation from the BCU we must draw your attention to the following statement: "Canoeing and Kayaking are "Assumed risk"- "Water contact sports""

In addition to the events listed on the calendar, don't forget the following "regular" sessions:-

Tuesdays 9.30am Mytchett Introduction to Placid Water (term time only) Contact Liz Murnaghan 01276 514766

Tuesdays 7.15pm Mytchett For Marathon training, Contact Charles Hicks 01252 850657

Thursdays 9.30am Marathon training Contact Charles Hicks 01252 850657

Saturday Mornings at Mytchett Flat water coaching Contact Brian Gandy 01252 622630 and general paddling contact Jon Mudd 01252 629800

NEW! Saturday 11am Beginners and Improvers to racing Contact Brian Gandy 01252 622630 Starts 1st July See Page 4 for details

Most Saturdays Trip to local weirs or Nene Whitewater Centre Contact Dave Bevan 01276 502524 or Keith Ambrose 01252 523579

Items suitable for younger paddlers are marked with a *

Further information on some events may be found at www.b3c.org.uk

A few dates for the calendar.

Jun 06

24th Teashoppe tour to Brownsea. Contact Brian Biffin 01252 616692

25th * Thames Valley Marathon Contact Charles Hicks 01252 850657

25th * Pool session Contact Keith Ambrose Keith.ambrose@ntlworld.com

30th Barn Code Change! Contact Lee Matthews

July06

1st * Mini Marathon and Sprint series starts Contact Brian Gandy 01252 622630

1st/2nd * Shepperton slalom Contact Merry Williams

8th * Hare and Hounds Contact Richard Somerset 01252 683584

9th * Youth Fest at Dorney Lake Contact Liz Murnaghan 01276 514766 by 25th June

9th * Pool session Contact Keith Ambrose Keith.ambrose@ntlworld.com

15th * Club Mark presentation and BBQ See front page!

16th Reading K4 Contact Charles Hicks 01252 850657

23rd * Pool session Contact Keith Ambrose Keith.ambrose@ntlworld.com

23rd * Woodmill Marathon Contact Charles Hicks 01252 850657

Aug06

12–13th * National Marathon Championships at Reading Contact Brian Gandy 01252 622630

19th * Hare and Hounds Contact Richard Somerset 01252 683584

Sept 06

9th * BBQ and surf at West Wittering Contact Paul Jeffs

10th * Henley Marathon Contact Charles Hicks 01252 850657

10th * Pool session Contact Keith Ambrose Keith.ambrose@ntlworld.com

16th * New season Hare and Hounds Contact Richard Somerset 01252 683584

16th * Copy date for Next issue of Waterfront liz.murnaghan@ntlworld.com

17th * Hasler Finals (Maybe)