



**Canoe Orienteering
Saturday 12 November 2011**

At Canal Centre, Mytchett.

**A fun competition open to all members of the club.
All abilities: all ages: any type of boat.**

Two courses:

Marathon class: 4km canoe + orienteering + 3km canoe

Open class: 700m canoe + orienteering + 700m canoe

Booking in from 9 a.m.: briefing at 10:00: starts from 10:15 a.m.

Hot soup and drinks at the finish.

Entry fee: £3

More details from:

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Full details will be given at the briefing but some Q & A's are overleaf.

Q & A

Who can enter? Anyone as long as you can canoe the distance.

What type of boat can I use?

Any type. Kayak: canoe; single: double:
racing boat: general purpose; play boat.

Can juniors enter?

Yes. In the open class (and for under 14s in the marathon class) a parent or adult can run/cycle along the towpath with them, and help to carry their boat and with the orienteering section.

What do I need to wear?

Canoeing gear and clothing suitable for the weather conditions on the day. Juniors in the open class must wear a buoyancy aid. **Everyone must wear trainers or running shoes on the orienteering section.**

Does the event depend on the weather?

No. The event will be run whatever the weather.

Is this a race?

Yes. You will be timed from the start until you finish. Penalty points may accrue on the orienteering section.

What are the courses?

For the open classes – canoe from the Centre around Potter's Island and back: a portage to the boatstore: the orienteering section: then canoe around Potter's Island again: finish at boat store.

For the marathon classes – canoe from Centre to Great Bottom Flash and back: a portage to the boatstore: the orienteering section: canoe from Centre to Kings Head Bridge: return round Potter's Island. Finish at boat store.

What happens on the orienteering course?

You will be given a map and instructions. You have to find your way round the check points in a certain order and hand in your results before you do the second canoe section.

Will I need a compass?

No. The course is entirely within the Centre grounds. You will be given all necessary materials.

Are there prizes?

Prizes? Who said anything about prizes?
But there is hot soup and hot drink for everyone.

Please: do come and join in the fun.